

Young Masters Little Wisdom Curriculum



Science of Mind Curriculum for Empowering Children Ages 4-8

Positive tools for children building a better world!

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YOUNG MASTERS

Little Wisdom Curriculum

for children 4-8

The **YOUNG MASTERS LITTLE WISDOM** book series curriculum has been designed specifically for Centers For Spiritual Living to empower children by teaching spiritual principles that connect with a variety of *life skills*.

Contents

1. Friendship – Young Masters: The Friendship Seed
2. Imagination – Young Masters: The Magic Eye
3. Gratitude – Young Masters: The Hidden Treasure
4. Courage – Young Masters: Heart Of A Lion
5. Creativity – Young Masters: The Invisible Power
6. Love – Young Masters: This Little Light
7. Making Young Masters Headdresses
8. Trace & Write sheets, Teacher Tips, Parent Tips & Letter, Additional Songlist

**Created by Bunny Hull
and Stephanie Pelly
for Dream A World®**

**Books, music and curriculum are available online
at www.dreamaworld.com**

**Books & Music are also available wholesale to bookstores
from DeVorss & Company**

Digital Books and Music available from iBooks and iTunes

Curriculum Creators

Grammy® Award-winner Bunny Hull has been a Practitioner of Religious Science since 1991 and a practicing metaphysician for twenty-eight years. She has taught spiritual principle and values to children for seventeen of those years.



Bunny Hull

Hull is an award-winning children's author and recipient of numerous awards including five Parent's Choice awards, three National Parenting Publications Awards, and a Parent's Guide To Children's Media award. She was recently nominated for an American Library Association Award. As President and Director of non-profit Dream A World Education, Inc. she has made a difference in the lives of hundreds of children in low-income public schools in the Los Angeles area.

Stephanie Pelly has a true gift of recognizing the magical spirit of children...and adults. As a peace educator, she has spent over twenty years teaching in public, private, and Montessori schools where she implemented *character education* and *bullying prevention* programs throughout Bucks County, PA and South Jersey. Her recent work includes The Peace Center in Langhorne, PA and Naudain Academy - A Montessori School.

Pelly holds a Bachelor of Science degree in Elementary and Special Education from Monmouth University in New Jersey.



Stephanie Pelly

YOUNG MASTERS:

The Friendship Seed

Teacher Introduction:

Thank you for facilitating a wonderful learning experience for your students. The **YOUNG MASTERS LITTLE WISDOM** book series curriculum has been designed specifically for New Thought Centers to empower children ages 4-8 by teaching spiritual principles that connect with a variety of *life skills*. You may choose activities, projects and worksheets from this curriculum that you feel are most age appropriate for your group. There are enough activities to allow you to break this topic into several workshops.

Objective: In today's lesson, the children will learn all about **FRIENDSHIP** - how their relationship with the Infinite extends into all their relationships and what it means to have a friend and nurture a friendship.

Tools:

Vocabulary words: gift (a special something you have within you that you can share with others), important, seed, plant, grow, grin, and share

Book - Young Masters: The Friendship Seed (Ages 4-8)

Read book, listen to audio story, or view and listen to story on computer. Multimedia files on the book's CD includes the books with page turns and audio. CD also includes audio story read by Storyteller: Saphinne

Music – God Is You & Me, Over The Sky & Under The Moon, How Does Your Garden Grow. Listen to the song *Over The Sky and Under the Moon* and how it talks about Butaan and Phylos' friendship. What do the words say? You may use other music in the background when children are working on arts projects. Additional music: *First I Plant A Seed* from *A Child's Spirit* by Bunny Hull or *Little Acts of Kindness* and *A Friend* from *Secrets Of The Heart*. (Available on iTunes or www.dreamaworld.com) (God Is You & Me is from "A Child's Spirit" by Bunny Hull and maybe purchased as a full CD or downloaded as a single from iTunes.)

Procedure:

1. Begin with Treatment – Have the children repeat each line after you.

There is only One God and that God is in me, as me right now.

I express my Godself to all my friends and family.

I am a good friend and my friends are good to me.

I am thankful for our laughter, for our love and for all the fun we have together.

I am a good friend and my friends are good to me. And so it is.

2. Sing – God Is You & Me

3. Affirmation: ***I am a good friend and my friends are good to me.***

This may be written on an index card and taken home for use during the week.

4. Read the story

5. Tell the children: "Today's secret of the heart is FRIENDSHIP."

6. Butaan, Phylos and Eetha are Young Masters and so are you. They are Young Masters because they have special gifts, just like you. They are learning how to use their special powers, just like you. These are the wonderful gifts that God has given you to use – the secrets of the heart.

7. Let's take the Young Master's Pledge. (The Young Master's Pledge - Cut one on the Heart of A Lion CD) [Children make a peace sign then place it over their hearts, begin by having them repeat short phrases after you until they learn it.]

***I promise - to use my gifts - every day - in every way
for I am a Young Master! PEACE***

8. **Story Review:** In the story, Butaan and Phylos are discovering what it is that makes something grow. Phylos wonders, if you can grow a flower with just one little seed, some sunshine and water, can you grow a friend?

What kind of seed would you plant? Where would you plant it? How would you take care of a friendship seed?

9. Discussion:

Today we're talking about the gift of friendship and how we use that gift. We know we live in a friendly Universe because God has created a world where everything works in harmony. When you plant a seed, if you give it sunshine and water - it grows! When you make friends and nurture your friendships you are expressing your Godself. When you first came to school you made new friends by planting a friendship seed.

- What was the friendship seed that Phylos discovered? A smile
- Where did he plant the friendship seed? In someone's heart
- What does it mean to express your Godself? It means you express who you are, you express the love you carry with you always to nurture your friendships. *You express love.*
- What did Phylos do to take care of his friendship?
- What do you do to take care of your friendships? That's expressing your Godself.
- What are some things that friends do together?
- Do you have a best friend?
- How do you feel about your friends?
- How do you behave towards your friends?
- Why are your friends important to you?

10. Choose an activity, craft project or worksheet from those listed below.

11. PASS THE PIG - Offering - We suggest it's good for the children to develop a habit of giving back, no matter how much it is. Perhaps you have a Piggy Bank you can use. The collection can go towards the center or to a charity you and the children have selected to help someone else. As the children give their offering repeat this or your own offering phrase.

I give my gift with love because I am so thankful.

12. Repeat the affirmation of the day and the Young Masters pledge.

I am a good friend and my friends are good to me.

***I promise to use my gifts every day in every way
for I am a Young Master! PEACE***

13. Closing treatment

There is only One God and that God is in me, as me right now.

I express my Godself to all my friends and family.

I am a good friend and my friends are good to me.

I am thankful for our laughter, for our love and for all the fun we have together.

I am a good friend and my friends are good to me. And so it is.

14. Sing - **THANK YOU FOR BEING HERE in English or in Swahili.**

ACTIVITIES

1. Flower Power, The Beauty Is In Our Differences

Bring in a bouquet of flowers, (find a bouquet that's filled with a variety of different looking flowers) Talk to the children about what the flowers need to grow, like sunlight, water and good soil. Flowers are a part of God's creation and they need to be cared for and nurtured just like friendships. Then ask the students the following questions. What do they notice about the flowers? Do they all look the same? Do they have the same shape and size? Are all the flowers the same color? How are WE like the flowers? God created people all different sizes, colors and shapes. We each have qualities about us that are special and make us beautiful. God made is each unique, that's why we all have a different fingerprint, but just like all different kinds of flowers grow together, so do we all grow together even though we're all different. If you have enough flowers perhaps you can give each child a flower to give to a friend.

2. The Affirmation Game – I'm a good listener – When we're very quiet we can hear God talking to us inside our hearts and minds. Have you ever heard a little voice inside that tells you something is right or wrong? That's God talking.

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It's very important to be a good listener. You can't talk and listen at the same time. One of the things that friends do is listen to each other - when one talks the other listens. Like you listen to me when I am talking. Ask the children, "Are you good listeners?" Have the children sit in a circle and one by one say an affirmation changing the last word.

The first one will be. "My name is _____ and I'm a good listener. After the child says this, the other children will answer by repeating the child's name and saying: "_____ is a good listener."

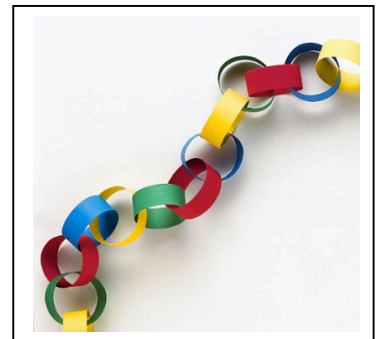
The next affirmation could be: My name is _____ and I'm a good reader. They will repeat: "_____ is a good reader. And so on, having each child say something they're good at: a good speller, talker, artist etc.

Materials:

- 1) A colorful bouquet of flowers, The Friendship Seed CD

ARTS/CRAFTS PROJECTS

1. **Chain Of Friends** – Create a friendship chain – on each piece of paper write a friends name and something you can share or do with your friend (example: talk, share a smile, a hug, a book, build a fort, sing, create a song, etc) on another slip of paper write God. Alternate the slips with God on them and the names of the children. When the Friendship Chain is complete attach the ends to make it into a circle. Sit in a circle and pass the chain; each child will put it around their neck when they speak. Talk about how the chain shows you and your friends are always connected by God.



God is in you and in every friend. That's what is the same about us. What are some other things that are the same about us? God is love, and we all feel love. We all smile and laugh, sometimes we cry. Do we need to be in the same room with someone to feel connected? We're always connected to our friends by our love for them and their love for

us...so even if a friend of yours or someone you love is far away...you're always connected.

2. **The Friendship Tree** – Using the tree on the cover of *The Friendship Seed* as a model, decorate a small potted tree or branch with red hearts, each bearing their picture, their name and on the back the words I AM_____. Play "How Does Your Garden Grow" while you hang hearts on your tree. Talk about how powerful the words "I AM" are and how what you say after those words is very important. What do you say after "I am?" Fill in the blank with words that describe you.

"I am smart." "I am good." "I am respectful." "I am One with God."

If it's a real tree and you have a the space perhaps you can plant it somewhere on your Center's grounds, as the Center's Friendship Tree where parents and children can leave prayers or affirmations for their friends.



If students ever have disagreements, they can go to the friendship tree, find their pictures and hang them next to each other, talk about what's the same about them, shake hands, apologize and be friends.

3. **Each One, Teach One** - *A Day of Sharing Ideas* - When you learn - teach! Friends teach each other. What do you know, or know how to do that your friends may not? Can you ride a horse, plant a tree, build something, say a prayer, have you traveled somewhere or tried some exotic food, baked a cake, petted a llama or driven a go-cart? Declare one day a week "Each One Teach One Day." Ask one child each week to bring a picture, or a prop of some kind to share something unique about them, something about which they can teach the others. It can be something as simple as shining or lacing up a pair of shoes or boots. Have them teach their fellow students and, when the presentation is

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complete, ask the class to applaud and say together, "Thank you _____ for being a friend! I can learn a lot from you."

Materials:

1. Paper Strips, Markers, paper hearts and photo of each child. 2. A small tree or a broken tree branch large enough to be potted. Red construction paper, markers, hole-punch and string to hang the hearts. Punch a hole in each heart, thread a string through the hole and tie in a loop. You may string them together on one long string.

WORKSHEETS

1. The Friendship Flower - On the petal of the friendship flower below write one thing that makes a friendship grow? How you feel about your friend or act towards your friend? What could you say or do to make your friend feel good? You may do so by finishing this sentence. My friend would feel really good if I was _____. (Kind, caring, helpful, understanding etc.) Or, it would make my friend feel good if I _____. (Shared my toys, listened, etc)

CREATIVE WRITING/DRAWING/ART

1. Color the attached Friendship Tree.

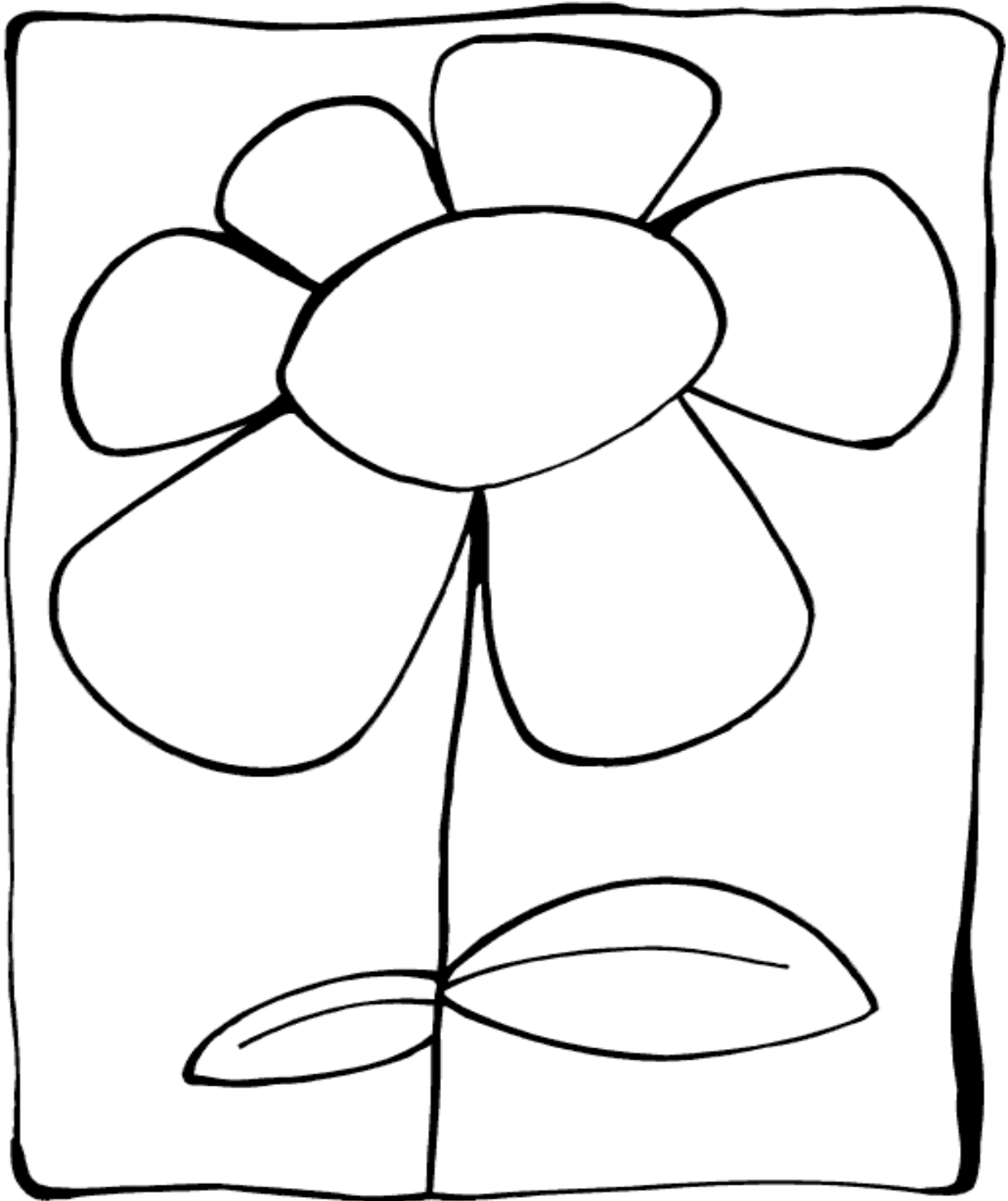
2. Draw a picture of friendship. Draw a picture that shows you and your best friend. What are you doing that friends like to do together?

Finish each workshop by repeating the Young Masters Pledge and singing: THANK YOU FOR BEING HERE! In English or Swahili.

(This song is available in these three Books/CDs
Young Masters: The Invisible Power
Young Masters: This Little Light
Young Masters: Heart Of A Lion
Or available on iTunes or CD baby)

My Friendship Flower

What makes a good friendship? Write one word in each petal. (Kind, Caring, Helpful)



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From Young Masters: "The Friendship Seed" by Bunny Hull & Kye Fleming



I live in a friendly universe. If you want a friend be a friend.

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YOUNG MASTERS:

The Magic Eye

Teacher Introduction:

Thank you for facilitating a wonderful learning experience for your students. The **YOUNG MASTERS LITTLE WISDOM** book series curriculum has been designed specifically for New Thought Centers to empower children ages 4-8 by teaching spiritual principles that connect with a variety of *life skills*. You may choose activities, projects and worksheets from this curriculum that you feel are most age appropriate for your group. There are enough activities to allow you to break this topic into several workshops.

Objective: In today's lesson, the children will learn all about **IMAGINATION** – what it is, how they are connected to the same Divine imagination that created the planets and stars and how they can use their imagination to create their experience.

Tools:

Vocabulary words: gift (a special something you have within you that you can share with others), imagination, mind, visualize, strong, safe

Book - Young Masters: The Magic Eye (Ages 4-8)

Read book; listen to CD audio story read by storyteller - Saphinne

Music – Listen To Your Heart

Listen to the song and use creative movements and your imagination to act out the words. You may use music in the background when children are working on arts projects.

Procedure:

1. Begin with Treatment – Have the children repeat each line after you.

Sample treatment:

God is the only power in the Universe and I am One with God.

Today I accept the power of my imagination as the power God gave me.

God's Divine imagination is my imagination. God's eyes are my eyes.

I use my imagination to visualize peace in the world.

I see a peaceful world through God's eyes.

I see love, I see friendship, I see good in my world and everywhere I look and I am so thankful because I see the world through God's eyes. And so it is.

2. Sing – God Is You & Me

3. Affirmation: ***I see the world through God's eyes.*** This may be written on an index card and taken home for use during the week.

4. Read the story

5. Tell the children: "Today's secret of the heart is IMAGINATION"

6. Butaan, Phylos and Eetha are Young Masters and so are you. They are Young Masters because they have special gifts, just like you. They are learning how to use their special powers, just like you. These are the wonderful powers that God has given you to use – the secrets of the heart.

7. Let's take the Young Master's Pledge. (The Young Master's Pledge - Cut one on the Heart of A Lion CD) [Children make a peace sign then place it over their hearts, begin by having them repeat short phrases after you until they learn it.]

***I promise - to use my gifts - every day - in every way
for I am a Young Master! PEACE***

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8. Story Review: Butaan is sometimes afraid of the dark, and teaches Phylos how he uses his IMAGINATION and his Magic Eye to help him not be afraid.

9. Discussion:

Today we're talking about the gift of imagination and how we can use this gift. In The Magic Eye, Butaan and Phylos learn that seeing with your eyes closed is a very special power that we are all born with. The Truth is we are One with the same imagination that created the planets and stars. We are One with God's imagination. God created us in Its image and likeness and gave us the power to also create. Our Magic Eye is the Eye of God. We can close our eyes and always feel safe because God is always there.

- What are some of the ways Butaan and Phylos used their Magic Eye in the story?
- Where do you think your Magic Eye is? It's in your mind. God's mind is your mind.
- What is another name for your Magic Eye? Imagination, seeing with the eye of God. Affirmation: *I see with God's eyes.*
- Do you use your imagination everyday?
- What are some ways you use your Magic Eye/your imagination? You use it every day when you think. When you pick out your clothes, comb your hair a certain way, or decide what color crayon to use. You use it when you draw or decide what words you will say to each other. You use it all the time, every time you make a choice.

10. Choose an activity, craft project or worksheet from those listed below.

11. PASS THE PIG - Offering - We suggest it's good for the children to develop a habit of giving back, no matter how much it is. Perhaps you have a Piggy Bank you can use. The collection can go towards the center or to a charity you and the children have selected to help someone else. As the children give their offering repeat this or your own offering phrase.

I give my gift with love because I am so thankful.

- 12.** Repeat the affirmation of the day and the Young Masters pledge.

I see the world through God's eyes.

***I promise to use my gifts every day in every way
for I am a Young Master! PEACE***

- 13.** Closing Treatment

God is the only power in the Universe and I am One with God.
Today I accept the power of my imagination as the power God gave me.
God's imagination is my imagination. God's eyes are my eyes.
I use my imagination to visualize peace in the world.
I see a peaceful world through God's eyes.
I see love, I see friendship, I see good in my world and everywhere I look and I am so thankful because I see the world through God's eyes.
And so it is.

- 14.** Sing - **THANK YOU FOR BEING HERE** in English or in Swahili.

ACTIVITIES

1. The Magic Circle - Place a hula-hoop or circle mat on the floor and sit the children around it in a larger circle. Children take turns sitting inside the hoop and using their imagination. Tell them once they are in the magic circle their mind will become magic like the mind of God. What do they see when they close their eyes? What would God see? What would God say or do? Are they somewhere else in the world? Are they doing something? Is there someone with them? How do they see their family, friends and the world? Do they feel any different now that they see with the eyes of God? How do they feel being One with God? Go around the circle until all the children have taken turns.

Once everyone has had a turn, ask the children if they think their magic eye was really more magical when they were in the circle. Or did it seem more magical because they were using their imagination. "The Truth is you have a magical mind all the time, because God created you that way. Your mind is always one with the mind of God." Remind them that they take their imagination with them wherever they go and that they are always creating their world with their imagination, just like Butaan imaging he imaged he was at the beach to keep from being afraid of the dark.

2. A Circle Of Creation

Ask the students to stand in a circle and hold hands. The teacher will begin moving her body through the hula-hoop (while holding hands) as she passes the hula-hoop to the person next to her. The hula hoop passes through the circle of friends until everyone gets a turn. You can play the song **Circle of Creation** while doing this activity.

3. Tell Me A Story

Find a picture or a painting that you feel tells a story to which the children can relate. Perhaps you'll choose an image from a well-known artist like "The Flower Vendor" by Diego Rivera, or The Delivery Of The Keys by Pietro Perogino from the Sistine Chapel or a photograph or painting of your choice that contains figures and items that have meaning to you.

Tell the children they are going to use their Magic Eye to imagine a story about this picture. You will begin: "ONCE UPON A TIME THERE WAS.." Each child will add to the story. You may prompt the children by pointing to items in the picture or with a verbal prompt about an image that may help them along.

Let the children know that they can use their imagination to make the world a better place. How would they use their imagination to make their lives different? What would they change?

Materials: Hula hoop or circle mat and Young Masters: The Magic Eye CD

ARTS/CRAFTS PROJECTS

- 1. The Magic Eye** – Ask children to lie down with their eyes closed like Butaan when he is afraid of the dark. Ask them to say, “I live in God’s world. The world I see is perfect.” Ask them to use their Magic Eye to imagine their perfect world. What does it look like? What are they doing? (Feeding birds at a lake, helping someone, building a snowman or blowing bubbles on a hot sandy beach.) You can play gentle instrumental music in the background for about 3 minutes. Ask the children to then draw a picture, or draw and write, about their perfect world and what they saw with their MAGIC EYE.

Affirmation: *I live in God’s world. The world I see is perfect.*

- 2. Looking Through My Magic Eye - Folded Paper Designs** – Fold a piece of paper in half and cut a small crescent shape in the middle. When they open it up, tell them to look through the hole in the middle. Write on the paper “My magic eye is God’s eye.” The hole in the paper represents their Magic Eye, God’s Eye. Ask them to use their imagination to draw and color in the imagination space around their Magic Eye. What do they see when they look through God’s eye, their Magic Eye? How beautiful is their imagination? What colors and shapes do they see? What animals or people do you see? Are they living in harmony? What does your world look like? They can use crayons, markers or other craft materials. Share designs when complete.

Materials: Young Masters: The Magic Eye CD when the children are drawing Paper, markers or crayons and a gentle instrumental music of your choice.

WORKSHEETS

- 1. You can make something beautiful out of a scribble or even a mistake** – Give each child the same “Scribble Design. Use the sample on page 9 or make your own. Students will use their imagination to create something out of their scribble.

If you ever make a mistake it's ok, just use your imagination to change it or make some different out of it. *You have the power to change something by the way you think about it.*

2. Turn your world around - The Power of My Imagination –

Write & explain your answers to the following.

1. I am sitting in a room alone. The only things there are some rubber balls, string, a balloon, a hat, a pirate's eye patch and a pencil. What can I do to have fun with these things? Use your imagination.

2. My best friends found someone's wallet left on the baseball field. They say finder's keepers and want to keep the money. What can I think of to say? Use your imagination

3. I'm going to a party I can choose from these things to wear. a blue checked shirt, a green polka dot shirt, blue pants, black pants, white socks, black socks, black tennis shoes, white tennis shoes, a baseball cap, a cowboy hat and some sunglasses. What will I wear? Use your imagination.

4. I am in a store with my mom or dad and all of a sudden I can't find them. I feel afraid. What should I do? Use your imagination.

5. I know that my imagination is God's imagination. There is a disagreement between two friends at school. One says the other the other took his milk carton. What would God say? Use your imagination

CREATIVE WRITING/DRAWING

a) I See Myself – Thinking constructively about you

In the story of “The Magic Eye”, Butaan and Phylos saw themselves as teachers and healers and mountain climbers.

Use your imagination to write about or draw a picture about how you see yourself. “When you close your eyes and use your Magic Eye. How do you see yourself?”

“I see myself as a doctor.” I see myself reading.” “I see myself helping people.”

Share the writing and/or drawings and discuss how they would feel when they were doing what they saw themselves doing. ‘How did it feel to be a doctor?’

b) I See You – Thinking constructively about others

Use your imagination to write about or draw a picture of how you see your best friend.

“I see you as a teacher one day.” “I see you as a carpenter.”

Share the writing and/or drawing and discuss why they imagined their friend this way and what is it about them that makes them feel this.

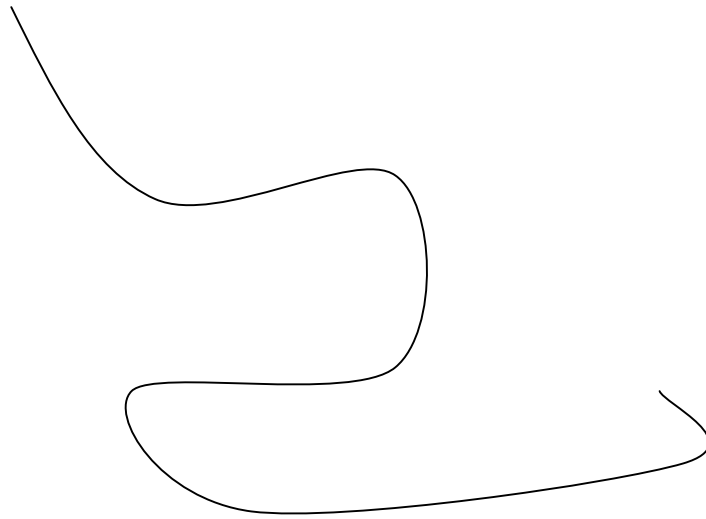
Finish each workshop by repeating the Young Masters Pledge and singing: THANK YOU FOR BEING HERE in English or Swahili

(This musical piece is on these three Books/CDs
Young Masters: The Invisible Power, Young Masters: This Little Light
Young Masters: Heart Of A Lion or available on Itunes or CD baby)

* Example of a Scribble Design Image

I am_____ . I am a creator.

I created a _____ by using my IMAGINATION.



Dream A World[®]

From the Young Masters - The Magic Eye by Bunny Hull & Kye Fleming



I love to use my imagination!

Positive tools for children building a better world!
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YOUNG MASTERS:

The Hidden Treasure

Teacher Introduction

Thank you for facilitating a wonderful learning experience for your students. The **YOUNG MASTERS LITTLE WISDOM** book series curriculum has been designed specifically for New Thought Centers to empower children ages 4-8 by teaching spiritual principles that connect with a variety of *life skills*. You may choose activities, projects and worksheets from this curriculum that you feel are most age appropriate for your group. There are enough activities to allow you to break this topic into several workshops.

Objective: In today's lesson, the children will learn all about **GRATITUDE** and how when we have a grateful heart we open ourselves to all the good that God intended for us to experience. We were created to enjoy life and to share our good with others. Now that's something to be grateful for.

Tools:

Vocabulary words: gift (a special something you have within you that you can share with others), gift, (a present that you give to someone else) treasure, feeling, gratitude, grateful, thankful, appreciation

Book - Young Masters: The Hidden Treasure (Ages 4-8)

Read book, listen to audio story. CD includes audio story read by Storyteller: Saphinne

Music – God Is You & Me, Everyday is a Gift, Circle of Appreciation.

Listen to the song Every Day Is A Gift, make shakers (activity below) to play with it and use creative movements to act out the words. You may use other music in the background when children are working on arts projects. (God Is You & Me is from "A Child's Spirit" by Bunny Hull and maybe purchased as a full CD or downloaded as a single from iTunes.)

Procedure:

1. Begin with Treatment – Have the children repeat each line after you.

Sample treatment:

God is in me and I am in God.

Today I celebrate the gifts that God has given me by being thankful.

I am thankful for being me and for all my friends and family

I am thankful for the beautiful world in which I live.

I am thankful everyday, all day, for everything.

And so it is.

2. Sing – God Is You & Me
3. Affirmation: ***I am thankful everyday, all day, for everything.*** This may be written on an index card and taken home for use during the week.
4. Read the story
5. Tell the children: “Today’s secret of the heart is GRATITUDE.”
6. Butaan, Phylos and Eetha are Young Masters and so are you. They are Young Masters because they have special gifts, just like you. They are learning how to use their special powers, just like you. These are the wonderful powers that God has given you to use – the secrets of the heart.
7. Let’s take the Young Master’s Pledge. (The Young Master’s Pledge - Cut one on the Heart of A Lion CD) [Children make a peace sign then place it over their hearts, begin by having them repeat short phrases after you until they learn it.]

***I promise - to use my gifts - every day - in every way
for I am a Young Master! PEACE***

8. Story Review: Butaan celebrates Phyllos' birthday by giving him a gift and discovers the hidden treasure in giving is being thankful. They talk about the real meaning of giving to others, that the true gift of giving is being thankful and that there's *always* something for which to be thankful. When you're thankful your heart is open to receive.

9. Discussion:

- Today we're talking about the gift of gratitude and how we use that gift.
- What do you say or do when someone gives you a gift?
- How does it feel when you get a gift?
- How does it feel when you give a gift?
- What kinds of gifts can you give? Are they always things?
- Other than *things*, what else can you share with people?
- How about sharing a secret of the heart with someone?
- What are some of the secrets of the heart? Kindness, love, friendship and a smile etc.
- How do we show our gratitude to the people, things and world around us?
- What are some of the things you're grateful for?

10. Choose an activity, craft project or worksheet from those listed below.

11. PASS THE PIG - Offering - We suggest it's good for the children to develop a habit of giving back, no matter great or small. Perhaps you have a Piggy Bank you can use. The collection can go towards the center or to a charity you and the children have selected to help someone else. As the children give their offering repeat this or your own offering phrase.

I give my gift with love because I am so thankful.

12. Repeat the affirmation of the day and the Young Masters pledge.

I am thankful everyday, all day, for everything.

***I promise to use my gifts every day in every way
for I am a Young Master! PEACE***

13. Closing treatment— Have the children repeat each line after you.

God is in me and I am in God.

Today I celebrate the gifts that God has given me by being thankful.

I am thankful for being me and for all my friends and family

I am thankful for the beautiful world in which I live.

I am thankful everyday, all day, for everything.

And so it is.

14. Sing - THANK YOU FOR BEING HERE in English or in Swahili.

ACTIVITIES

1. The Greatest Gift -

- a. Hold up a box and tell the children this box holds the greatest gift in the world. Ask them if they can guess what it is. "What is the greatest gift in the world?" Tell the children you will pass around the gift box and they can take a peek to see what's inside, but they have to keep what they see a secret until everyone has a turn. It is helpful for you to demonstrate this first. (Inside the gift box, you would have already placed a mirror) The children will find it a joy to discover the greatest gift is themselves. You are great gift that God has given to the world.
- b. Discuss - God made you perfect, you are a gift to life. You are a gift to the lives of others who love you. Do you see yourself as perfect? How does perfection express in you? When you cut your finger, your body heals itself. It is your natural ability to always return to the perfection that you are made of. Remember the Godself of you is always perfect.
- c. How can you share your gratitude with others? What "gifts" can you share? Examples: a smile, a hug, a creative idea, friendship, help etc. Write these ideas on colorful strips of paper and place them inside the gift box. As you place the paper in the box say "I give my give of _____("friendship", "love" etc.) to the world."

2. Gratitude Coins – Create a classroom treasure box. You can use real coins, “play coins”, chips or create paper coins that children can write on. The goal is for children to be in the habit of daily gratitude. They can place a coin in the treasure box that says something they are thankful for each day. If you meet weekly, they can save up their thanks and bring it with them to add each week. The classroom treasure box can be placed in a special corner in the classroom and added to once a week or on a regular day. Someone will read some of the coins. Perhaps it’s something the special person of the day is in responsible for. Use the gratitude coins as a reminder of that for which you’re thankful. Perhaps when the children have shown an abundance of gratitude, they can use their coins to have a special “treat” day.

Discuss: Why is gratitude a good thing?

- It makes others feel good when you say thank you.
- When you’re grateful you open your heart to receive even more to be grateful for.
- When you’re grateful it goes around in a circle and comes right back to you.
- What else?

3. Circle of Appreciation – While the song is playing walk around in a circle holding hands. When the music says 1, 2, 3, 4. Stop walking and point to four friends. When you point to your fourth friend, give them a thumbs up, or a peace sign and throw imaginary confetti at them, clap for them or raise your hands in the air.

4. The Invisible Gifts Inside – God has given you more gifts than you will ever be able to count. Some of them are invisible gifts like the secrets of the heart. Have the children sit in a circle. In the center is a gift box with INVISIBLE GIFTS inside for each of them. Everyone is asked to use their imagination. The teacher will pull out an invisible and imaginary gift for each child, one at a time you will say. “God has given you a gift. What do you think it is? Can you see it, or feel it, what can you do with it or use it for? Is it a special talent? Is it a secret of the heart?” The teacher needs to use her creativity and imagination. Perhaps “sprinkle a little invisible confetti or fairy dust” over the child’s head, place “something” in their hand, put “something invisible” around their neck, hand, wrist or “pet something” and leave it in front of the child. After everyone has a

turn, you can ask the children to TELL what their gift is and why they are thankful for it.

Affirmation: *All gifts come from God.*

Materials:

The Hidden Treasure CD , gift box with mirror inside, strips of colorful paper, gratitude coins and a treasure box

ARTS/CRAFTS PROJECTS

- 1. "You Are A Gift" Cards** – Let someone know they are a gift to you. Ask that each child talk about something nice that someone did for them this week. Create a card with construction paper or card stock. Write on the front - "You Are A Gift" on the inside tell them why they are a gift to you and thank them for what they did. Tell them why you appreciate them. Give them the card to say thank you.
- 2. Shake-A-Thank** – Create shakers. Shake and give thanks! Dry out some small empty juice cans, add a handful of rice or some small beans to each and cover the opening with some tape. They will sound different according to what you put inside. You can cover them with construction paper or wrapping paper, write thankful on them or decorate them if you wish. Now you can play along with Every Day Is A Gift. Shake on each word every time you say "I am thankful, I am thankful, I am thankful, everyday is a gift." Every time you shake your shaker, it will remind you to be thankful.
- 3. Gratitude Journal** – Fold 3 or 4 sheets of construction paper and make two holes on the fold line, about 3 or 4 inches from center. Lace with yarn and tie. On the front page the children will write "My Gratitude Journal/Book", paste a picture of themselves below the title and write their name.
 - a. Page 1 - Draw, or write down the names of, the people who were thankful you were born.
 - b. Page 2 - Draw, or write down the names of, the people you are most thankful for.
 - c. Page 3 - Draw, or write the names of, things or secrets of the heart you are most thankful for.

- d. Page 4 - Draw, or write down, the ways you can show you are thankful to others
- e. Page 5 – Draw, or write down, the ways you can show gratitude for the world you live in or your school, your neighborhood, etc. How can you help to make the world better?

Materials: construction paper, crayons, markers, yarn, hole punch, paste

WORKSHEETS

1. AN ATTITUDE OF GRATITUDE -

On a sheet of paper list, 5-10 things that you will be grateful for when they happen. Is there something you are wishing for, somewhere you would like to go or something you would like to do? Make a list of things as if those things have already happened. ie: "I am thankful for having so much fun at the zoo." "I'm so thankful I have such good friends." As you share your list, each time you read what you are thankful for, ask the rest of the class to say: "We're so thankful!" It's good to be happy when good things happen for others. Children can use their "shakers" for this as well.

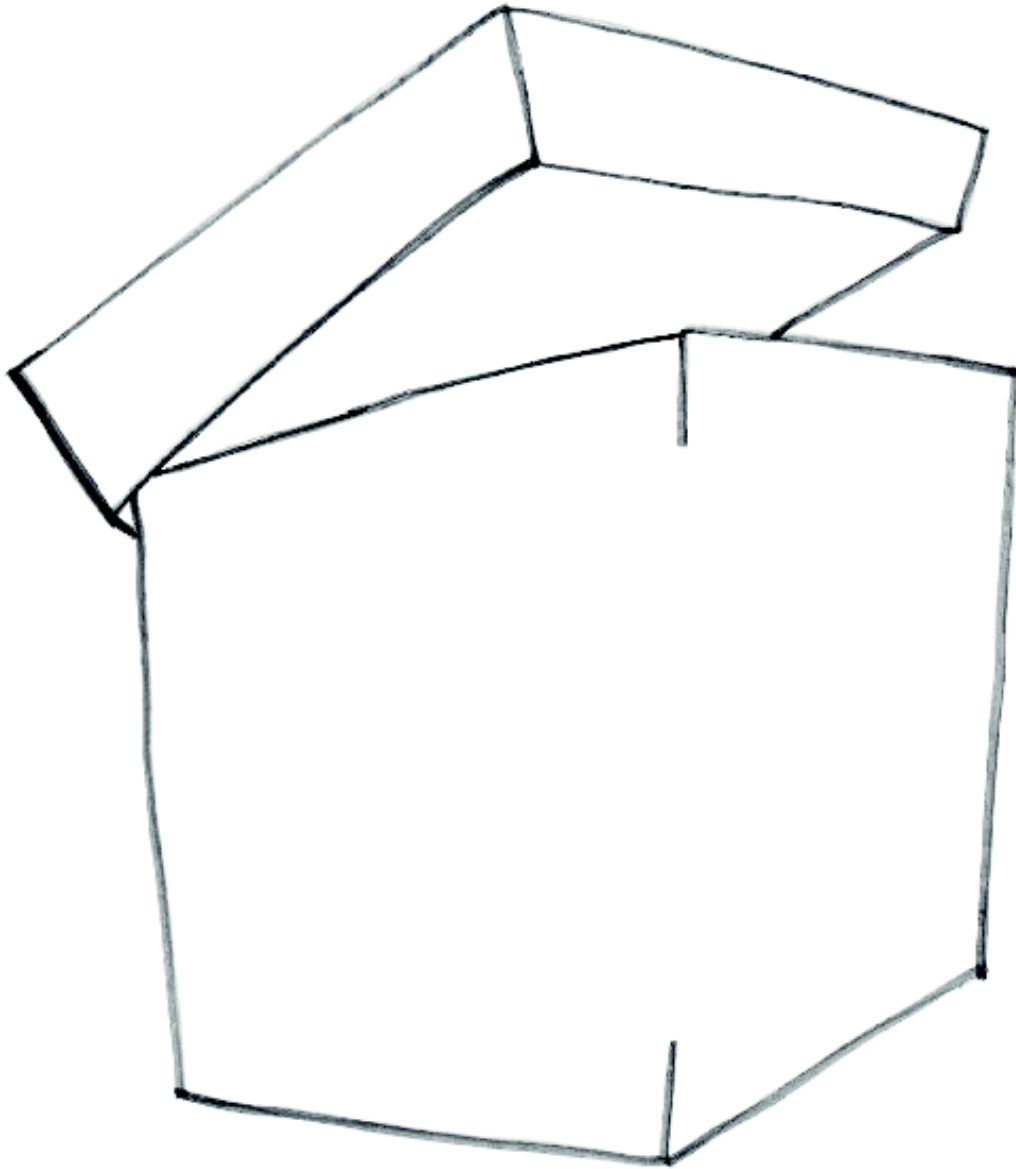
CREATIVE WRITING/DRAWING

Write a story and/or draw a picture about a gift you want to share with someone you care about. Tell who that person is and say why you are choosing that gift for that person. The gift may be something you give from your heart, or it maybe something you create. Draw a picture of your gift on the sample gift box shown on the next page. Write "I give my gift with love." Decorate your box.

Finish each workshop by repeating the Young Masters Pledge and singing: THANK YOU FOR BEING HERE in English or Swahili.

(This musical piece is on these three Books/CDs
Young Masters: The Invisible Power
Young Masters: This Little Light
Young Masters: Heart Of A Lion
or available on iTunes or CD baby

The Gift I Share



Dream A World[®]

From the Young Masters - "The Hidden Treasure" by Bunny Hull & Kye Fleming



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YOUNG MASTERS:

Heart Of A Lion

Teacher Introduction:

Thank you for facilitating a wonderful learning experience for your students. The **YOUNG MASTERS LITTLE WISDOM** book series curriculum has been designed specifically for New Thought Centers to empower children 4-8 by teaching spiritual principles that connect with a variety of *life skills*. You may choose activities, projects and worksheets from this curriculum that you feel are most age appropriate for your group. There are enough activities to allow you to break this topic into several workshops.

Objective: In today's lesson, the children will learn all about **COURAGE**, that God's courage is faith, what it means to have courage, how you find your courage and how you can use it.

Tools:

Vocabulary words: gift (something special you have within you), courage, believe, faith, smart

Book - Young Masters: Heart Of A Lion (Ages 4-8)

Read book, listen to audio story, or view and listen to story on computer. Multimedia files on the book's CD includes the books with page turns and audio. CD also includes audio story read by Storyteller: Saphinne

Music – Roar Like A Lion, The Heart Is Very Smart

Children can roar when the lion roars or sing along with The Heart Is Very Smart - You may use music in the background when children are working on arts projects.

Procedure:

1. Begin with Treatment – Have the children repeat each line after you.
Sample treatment:

There is only One mind, God's mind and that mind is my mind now.
I think and believe with the mind of God.

What God believes, I believe and what I believe, God believes.

Because I believe in myself I feel strong and courageous.

I believe I can make friends, I believe I can learn, I believe I can do
what ever I decide to do. I am so thankful, because my faith gives
me courage and I believe in myself. And so it is.

2. Sing – God Is You & Me
3. Affirmation: ***My faith gives me courage and I believe in myself.***
This may be written on an index card and taken home to be used for
the week.
4. Read the story
5. Tell the children: "Today's secret of the heart is COURAGE"
6. Butaan, Phylos and Eetha are Young Masters and so are you. They are
Young Masters because they have special gifts, just like you. They are
learning how to use their special powers, just like you. These are the
wonderful powers that God has given you to use – the secrets of the heart.
7. Let's take the Young Master's Pledge. (The Young Master's Pledge - Cut
one on the Heart of A Lion CD) [Children make a peace sign then place it
over their hearts, begin by having them repeat short phrases after you
until they learn it.]

***I promise - to use my gifts - every day - in every way
for I am a Young Master! PEACE***

Created by Bunny Hull and Stephanie Pelly

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8. Story Review: Phylos is afraid to cross the river because he might fall in, but he learns from Butaan and EEtha that if he believes in himself he will have the courage to try.

9. Discussion:

- Today we're talking about the gift of courage and how we use that gift. Explain to the students that the river represents FEAR in this story. Phylos was scared and felt he couldn't cross the river. He was afraid to face his fear of the river. Phylos learned the *secret of his heart* - COURAGE came from *BELIEVING IN HIMSELF*, from having faith. Instead of saying "I CAN'T", Phylos learned to say, "I CAN."
- What did Phylos have to believe he could do? He believed he could try. God's faith is our faith and when we believe we can we are using God's power, the power of Life to move us forward. Once you didn't know how to walk or talk, but you learned because you tried and you believed you could. Things you may be afraid of today, you will do tomorrow because when you believe you can, you have the faith of God and that gives you the courage to try. In trying you realize you can...swim, read, spell, sing, do a somersault, ride a bike, stand before the class and speak or do anything you can imagine.
- What do you believe you can do?
- What do you believe about yourself and your school or your friends?
- What do you believe about the world you live in?

10. Choose an activity, craft project or worksheet from those listed below.

11. PASS THE PIG - Offering - We suggest it's good for the children to develop a habit of giving back, no matter how much it is. Perhaps you have a Piggy Bank you can use. The collection can go towards the center or to a charity you and the children have selected to help someone else. As the children give their offering repeat this or your own offering phrase.

I give my gift with love because I am so thankful.

- 12.** Repeat the affirmation of the day and the Young Masters pledge.

My faith gives me courage and I believe in myself.

***I promise to use my gifts every day in every way
for I am a Young Master! PEACE***

- 13.** Closing Treatment

There is only One mind, God's mind and that mind is my mind now.
I think and believe with the mind of God.

What God believes, I believe and what I believe, God believes.

Because I believe in myself I feel strong and courageous.

I believe I can make friends, I believe I can learn, I believe I can do
what ever I decide to do. I am so thankful, because my faith gives
me courage and I believe in myself.

And so it is.

- 14.** Sing - **THANK YOU FOR BEING HERE** in English or in Swahili.

ACTIVITIES

1. Facing Your Fears – [You may use worksheet #1 below, prior to this activity to start the discussion] Have a roll up carpet that represents the WATER. Phyllos was scared of crossing the water. Imagine the (water) carpet represents FEAR. Ask children to share something they are afraid of. As they cross the water, give each child rocks (made out of paper, see paper template on page 10) Write affirmations on the rocks. *I believe in myself. I can do it. I have a positive attitude. I am brave. God's faith is my faith. I can ask for and receive help.* As they cross the river they will say the affirmations. These rocks represent stepping stones that help build courage and a positive attitude. For older children, the affirmations may address their fear more specifically.

Materials :

Small carpet - blue if possible. (A local carpet store may offer you a remnant for your children's program.) Cut rocks from paper on page 10. If a carpet is not available you may use two long strips of blue painters tape to tape off a section of the floor. Paper, scissors, markers or crayons

ARTS/CRAFTS PROJECTS**1. COURAGE ROCKS!**

Each child creates a COURAGE ROCK to keep as a touchstone or reminder. They can paint it in their favorite color, on one side write the word God over their own name. On the other side they write I BELIEVE or COURAGE. They can carry this in their pocket or put it by their bed at home to remind them of their courage.

Materials : Small smooth stones, paint and brushes or markers

2. Create a Power Badge

Your Heart fills up with COURAGE, when you BELIEVE In YOURSELF
Create a badge in the shape of a heart, star, circle or triangle. Tell the children the color they will fill their badge with represents the courage they are filling their hearts with. When the badge is filled with color they will be FULL OF COURAGE. Then cut them out and wear them. Say these Put-Ups/Affirmations out loud:

I AM FILLED WITH COURAGE!
I HAVE COURAGE!
I HAVE FAITH!
I BELIEVE IN MYSELF!

I AM BRAVE!
I AM HEART SMART!
I CAN DO IT!
I AM PERFECT!

Materials : White card stock, or heavy light colored construction paper, markers or crayons (see power badges on pages 11 and 12))

3. Certificates or Paper Ribbons

Create a declaration of who you are. The children can wear them or paste them under a picture of themselves.

A certificate template with a ribbon shape. It has a central rectangular area with a light gray background. The text "I am" is on the left, followed by a blank line. The text "the brilliant because" is in the center. To the right of this are two more blank lines. At the bottom right, it says "(Write here what makes you great!)". The ribbon has a pointed top and bottom.

I am _____

the brilliant because _____

(Write here what makes you great!)

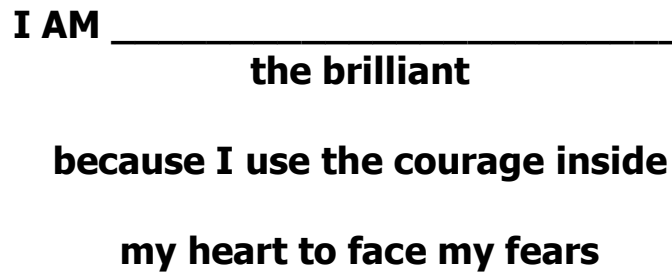
A certificate template with a ribbon shape. It has a central rectangular area with a light gray background. The text "I AM" is on the left, followed by a blank line. The text "the great because" is in the center. To the right of this are two more blank lines. At the bottom right, it says "(Write here what makes you great!)". The ribbon has a pointed top and bottom.

I AM _____

the great because _____

(Write here what makes you great!)

Sample:



I AM _____
the brilliant
because I use the courage inside
my heart to face my fears

Materials : White paper, or heavy light colored construction paper, markers or crayons. Use the card stock as a certificate or cut a paper ribbon and write across it.

WORKSHEETS

a) What Are You Afraid Of? - Learning how to create affirmations. -
This worksheet can precede the opening activity FACING YOUR FEARS

On the board or a piece of paper: Write your FEAR(S). These will represent the water. Now write your affirmations for each fear. Your affirmations will be the ROCKS that can help you cross the river.

If you were afraid of a bully or afraid to stand up and speak in class, what would your affirmation rocks say. Name or write your fear in the water then discuss or write your affirmation for the fear you have named.

TOPICS/FEAR

BULLIES - I AM AFRAID OF BULLIES.

AFFIRMATIONS

God in me always knows what to do.

I can say stop, say "leave me alone" and walk away.

I can stand up for myself and others.
I can ask for help.
I can find my support team.

TOPICS/FEAR

Talking before the class - I'M AFRAID OF TALKING IN FRONT OF MY CLASSMATES

AFFIRMATIONS

God's mind is my mind.
I believe I have something important to say.
I can speak easily.
I am not afraid to talk in front of others
I love to share what I have to say.

b) I Have Positive People in My Life

Who were the two people that encouraged Phylos when he was afraid?
Butaan and EETHA.

- Who in your life encourages you and helps to support you when you are afraid? God supports you through all the wonderful people in your life.
- Have the children create a list of five to ten people who support them. Remember, they can be older than you or younger than you are. Remind the students - "God is always guiding you to be surrounded by people who can help you when you need to ask for help." The positive people in your life act like your support team. If anyone ever tries to bully you, you can ask for support from your support team.

c) I Try New Things How many things have would you like to do that you've never done? Create a list of new things would like to try.

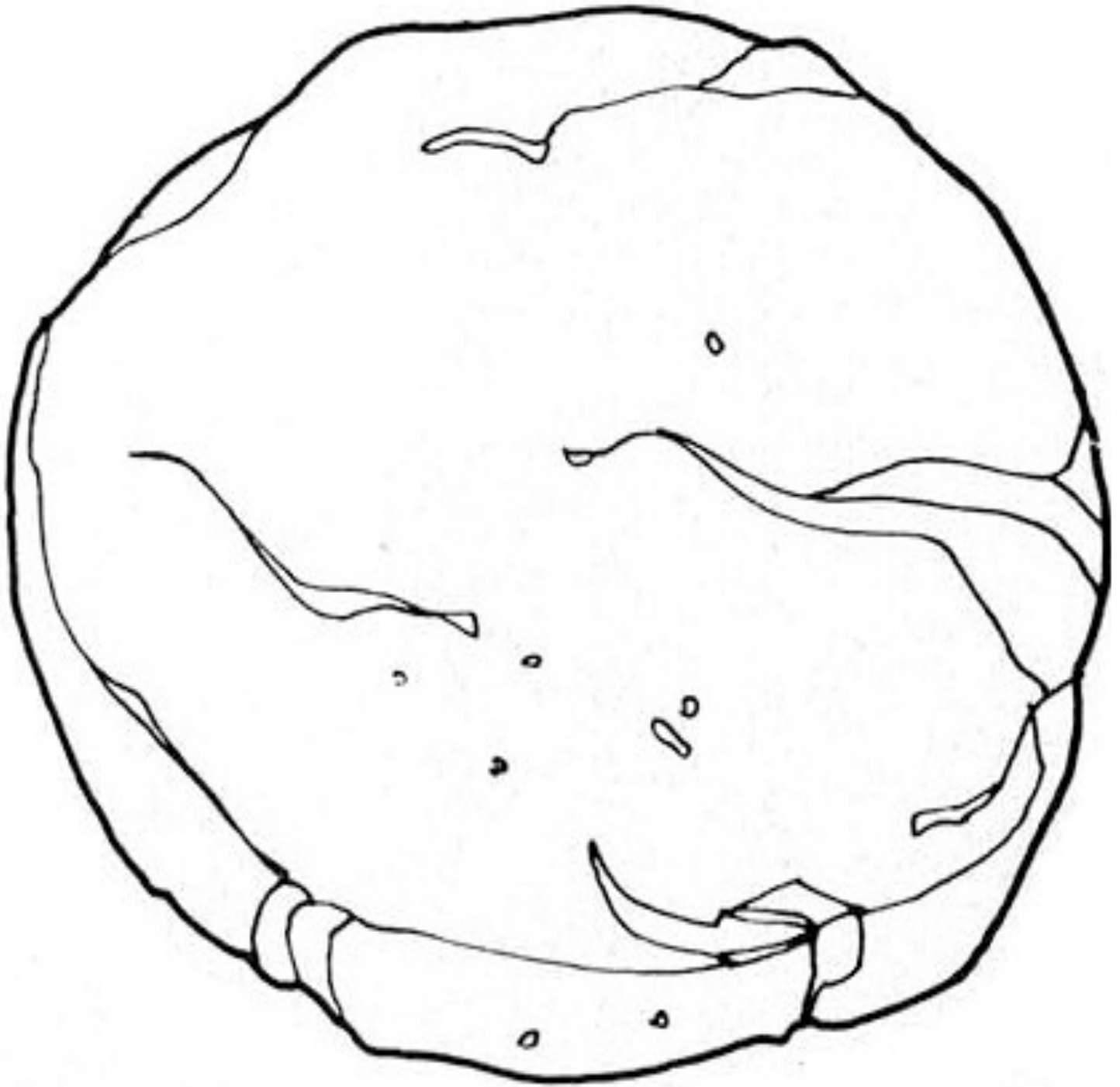
- Discuss: Are you afraid of these things? Why or why not? What affirmations could you use?

CREATIVE WRITING/STORYTELLING

a) Tell or write your own story about something new you'd like to do in your life: like ride a bike, learn to swim, or play a musical instrument. Draw it in a detailed picture.

b) Tell a story about someone you know who was brave. Perhaps there is an animal that is brave or perhaps the brave person is you. How do they show their bravery. Does it matter if they're big or small?

Finish each workshop by repeating the Young Masters Pledge and singing: THANK YOU FOR BEING HERE in English or Swahili.

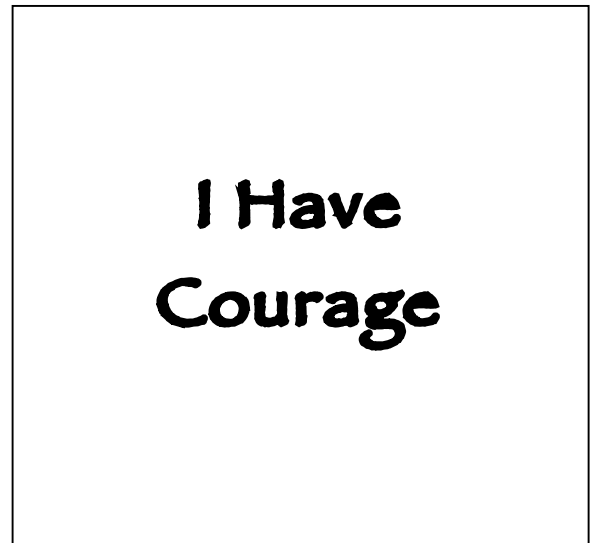


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YOUNG MASTERS:

POWER BADGES

Color and Cut

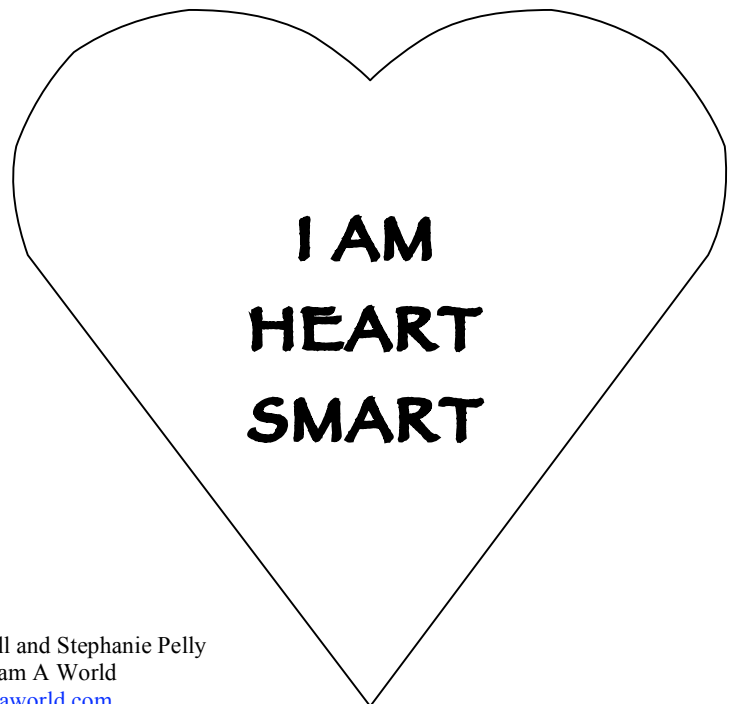


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YOUNG MASTERS:

POWER BADGES

Color and Cut



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From Young Masters: "Heart Of A Lion" by Bunny Hull & Kye Fleming



I'm perfect just the way I am. I have the heart of a lion!

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YOUNG MASTERS:

The Invisible Power

Teacher Introduction

Thank you for facilitating a wonderful learning experience for your students. The **YOUNG MASTERS LITTLE WISDOM** book series curriculum has been designed specifically for New Thought Centers to empower children 4-8 by teaching spiritual principles that connect with a variety of *life skills*. You may choose activities, projects and worksheets from this curriculum that you feel are most age appropriate for your group. There are enough activities to allow you to break this topic into several workshops.

Objective: In today's lesson, the children will learn all about the power of **CREATIVITY** – that God's power is their power and how they can use it to turn thoughts into things and create their experience.

Tools:

Vocabulary words: gift (a special something you have within you that you can share with others) creativity, power, idea, thoughts, seed, invent

Book - Young Masters: The Invisible Power (Ages 4-8)

Read book, listen to audio story, or view and listen to story on computer. Multimedia files on the book's CD includes the books with page turns and audio. CD also includes audio story read by Storyteller: Saphinne

Music – My Invisible Power - Listen to the song while everyone is standing in a circle. Play MAGIC BALL. One person starts off with an invisible imaginary magic ball and throws it to a friend. The ball can be big, small, heavy, even make a sound. It's all up to your imagination. Throw it to someone in the circle and call out their name. Tell them each time they catch it their invisible power gets stronger.

Procedure:

1. Begin with Treatment – Have the children repeat each line after you.
Sample treatment:

God is the creative power of the Universe and I am One with that same creative power.

I think the thoughts of God.

I think thoughts and ideas to create peace and friendship in my life and in the lives of others.

I use my creativity in a way that is special and unique.

I am a Divine inventor of many good things.

Today I use my creative ideas to add good to the world.

I am so thankful because I think the thoughts of God. And so it is.

2. Sing – God Is You & Me
3. Affirmation: ***I think the thoughts of God.*** This may be written on an index card and taken home to be used for the week.
4. Read the story
5. Tell the children: “Today’s secret of the heart is CREATIVITY”
6. Butaan, Phylos and Eetha are Young Masters and so are you. They are Young Masters because they have special gifts, just like you. They are learning how to use their special powers, just like you. These are the wonderful powers that God has given you to use – the secrets of the heart.
7. Let’s take the Young Master’s Pledge. (The Young Master’s Pledge - Cut one on the Heart of A Lion CD) [Children make a peace sign then place it over their hearts, begin by having them repeat short phrases after you until they learn it.]

***I promise - to use my gifts - every day - in every way
for I am a Young Master! PEACE***

8. Story Review: In the Invisible Power Butaan, Phylos and EEtha discover a boat in the water. They are new to Earth and so they've never seen a real boat, but they *have* seen that people of Earth have many beautiful things because they have a special power by which they turn thoughts into things.

9. Discussion:

Today we're talking about a very special gift and how we use it. It's a very powerful gift that we were given by God so that we could design our own experience and our own world.

- What is the special power that people of Earth have that lets them turn thoughts into things? It's creativity.
- How do they use their power? By having an idea. Each time we think a thought we are using our creative power.
- Where do your ideas come from? From the mind of God. Each time you think, you are using the mind of God in your own special way.
- What happens after you have an idea? The magic of the Universe happens. Thoughts become things. Just like a seed is nurtured and becomes a plant or flower, your thoughts become things when you nurture them by doing what you have to do. This is God's work.
- What are some of the things people of Earth have created? Look around the room...everything was first an idea.
- Does everyone have the power to create?
- What would you like to create?

10. Choose an activity, craft project or worksheet from those listed below.

11. PASS THE PIG - Offering - We suggest it's good for the children to develop a habit of giving back, no matter how much it is. Perhaps you have a Piggy Bank you can use. The collection can go towards the center or to a charity you and the children have selected to help someone else. As the children give their offering repeat this or your own offering phrase.

I give my gift with love because I am so thankful.

12. Repeat the affirmation of the day and the Young Masters pledge.

I think the thoughts of God.

***I promise to use my gifts every day in every way
for I am a Young Master! PEACE***

13. Closing Treatment

God is the creative power of the Universe and I am One with that same creative power.

I think the thoughts of God.

I think thoughts and ideas to create peace and friendship in my life and in the lives of others.

I use my creativity in a way that is special and unique.

I am a Divine inventor of many good things.

Today I use my creative ideas to add good to the world.

I am so thankful because I think the thoughts of God.

And so it is.

14. Sing - THANK YOU FOR BEING HERE in English or in Swahili.

ACTIVITIES

1. Whatchamacallit, A God Creation - Creating as God - this activity can be done in a large group or several smaller groups. The goal is to help children cooperate and work together to open up their CREATIVITY to design a group creation. God created the planets and stars, all the beauty of the Earth and through each mind all of the inventions and things that make the world a great place to live. Gather a collage of materials, (pipe cleaners, stickers, craft popsicle sticks, pom poms, paper, blocks, etc.) Perhaps have a cardboard platform that this will set on. You are each God creating something new to Earth. Allow each child to pick something they would like to add on to their God Creation. Once the idea is complete, ask the children to name it and describe what it is and what it does. Make a list of the creative names and ideas the children come up with. Vote on the best name and description.

2. Thingamabobs & Thingamajigs – The World According To God

Gather a variety of items from around the house or classroom for which children can act out new functions. Place the items in the center of the circle so the children can look at them. Tell them "This is God's world. In God's world anything is possible." Then one at a time go around the circle and ask the child to pick an item and act out what it can do, other than it's normal function. For example, instead of using a string mop to clean the floors a child could use it to be a GIANT scrub brush for a big monster. They could use a parking cone as a rain-proof hat or use a hula hoop as a big steering wheel. As the teacher, demonstrate a few ideas and encourage the children to be creative. (Do your best to gather items that will open up the children's imagination & creativity)

3. What's The BIG IDEA - Turning Thoughts Into Things – We can grow whatever we want to grow as long as we plant the right seed and then take care of what we plant. Discuss what kind of seed you have to plant to grow what *you* want to grow. Ex: To grow an apple tree – you'd plant an apple seed. To grow a pumpkin, you'd plant a pumpkin seed...and so on.

Phylos learned that everything was first an idea in someone's mind. When you have an idea it's just like planting a seed in your mind. Somehow that seed

has everything it needs to turn into something. It's all comes from inside that seed.

- What kind of seeds are you planting? What's your BIG IDEA, the dream you want to come true? What kinds of thoughts do you need to nurture your idea?
- Each child will have a box with a small slit cut at the top. On the front near the top they will write "THE MAGNIFICENT MIND of ____ (their name) ____". On the other side they will write - MY BIG IDEA and what that is for them. It can be an idea to be somebody, to create something, to do something or to go somewhere. They may decorate their box with drawings, or pictures about their dream.

Each class they will write an affirmation or a thought that supports their BIG IDEA on a small slip of paper and insert it into the box.

Examples:

a) If your big idea was that you wanted to grow up to be someone who could read big books, what kind of ideas would you have to plant? Maybe one would be to learn the alphabet, and the next to spell. Maybe you'd write the name of some books you'd like to read. *Affirmation: I love to read.*

b) What if you wanted to grow up to be someone who helped people get better like a doctor, a nurse, or a veterinarian - what kind ideas would you plant in your mind? Maybe you'd put some names of who you'd like to take care of, what you would learn to do or where you could go to school. *Affirmation: I know what to do to help people and I do it.*

When they have a collection of thoughts and affirmations in their box, each student can share them with the class. *When you have an idea you believe in, God supports your idea with the magic of the Universe and helps you nurture your idea as it grows and becomes real.*

4. Thinking Outside The Box – My Divine Invention! This improv is fun! Ask the children to pick one of the boxes displayed at the front of the room. What can they create out of a box? If it's big enough they can get in it, stand outside it, hold it etc. The size of the box is up to them. Does the box have a name? Is there something inside it? Does it do something special? They must tell the class what the box is and what it does. The goal is to open up creativity. Children can also work in pairs or small groups.

Materials:

1. The Invisible Power CD, a collage of craft materials
2. A variety of household or classroom items
3. A box, a box cutter to help them cut the slit, markers, crayons, paste, pictures cut from magazines, paper cut into slips or index cards.
4. Boxes of all sizes.

ARTS/CRAFTS PROJECTS

- 1. Who Created That?** Everything that exists was created by someone. Look through some old magazines and find a picture of something that someone created. Cut the picture out and paste it on a piece of cardstock. Write down the name of that thing. Take it home with you and find out who created it. Choose a day when the students will report to the class what they chose and who invented it. They can look in a library or ask a parent or teacher to help them look on Google by typing in "who created the _____." Example: chair, light bulb, saddle, shovel

When they report on their invention you will let them know that for example: "God as Thomas Edison invented the light bulb." "God as Bill Gates created Microsoft." "What is God as you creating?"

- 2. Characters Welcome!** - If God was a cartoon character, what would God look like. Create your own cartoon character. Draw it, name it and tell us about it. Who is it? Where does it live? What does it like to do?

Materials: You can use whatever materials inspire new ideas Magazines, paste, pen, marker, pencil or computer

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WORKSHEETS

1. Bright Ideas – “I think the thoughts of God.” You are a brilliant inventor. On the sheet of paper below draw a picture of, or write down, your bright idea. What is something you would like to invent that would help you or help others? It could be a new kind of food, a new exercise, a new car, a new game, or something that would help your classroom. What would it look like, what would it do, how would it work, or how would it help someone? Tell the class about it and ask them if they have any ideas that could make it better. *Affirmation: I think the thoughts of God.*

CREATIVE WRITING/DRAWING

1. My Favorite Words - Make a list of five of your favorite words. For example they may be: God, fun, exciting, peace, Spirit, love or sunshine. Write a story that is about your favorite words or draw a picture that shows what your favorite words would look like as a piece of art.

3. What About Peace?

- What does God think about peace? Your thoughts are God’s thoughts.
- What can you do to create peace? You are God creating.
- What thoughts to you have to think?
- What words do you have to say? Your words are God’s words.
- What can you do? You are God in action.
- If you could build a Peace Learning Center - describe what it would look like. Draw a picture of it. What would it be called? What colors would you paint it? Who would you invite to be there? What would children do there? What would be created there? What would you play with? What would you tell people about it?

Finish each workshop by repeating the Young Masters Pledge and singing: THANK YOU FOR BEING HERE in English or Swahili.

I Think The Thoughts Of God



I Think The Thoughts Of God



My bright idea is

Handwriting practice lines consisting of three sets of horizontal lines. Each set includes a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.

Dream A World®

From Young Masters: "The Invisible Power" by Bunny Hull & Kye Fleming



I can create anything I can think of.

Positive tools for children building a better world!

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YOUNG MASTERS:

This Little Light

Teacher Introduction

Thank you for facilitating a wonderful learning experience for your students. The **YOUNG MASTERS LITTLE WISDOM** book series curriculum has been designed specifically for New Thought Centers to empower children by teaching spiritual principles that connect with a variety of *life skills*. You may choose activities, projects and worksheets from this curriculum that you feel are most age appropriate for your group. There are enough activities to allow you to break this topic into several workshops.

Objective: In today's lesson, the children will learn all about **LOVE** – that God so loved them that they were created and endowed with powerful gifts. They will learn that love is the self-givingness of Spirit, how it makes you feel, and how you can share it with others.

Tools:

Vocabulary words: gift (a special something you have within you that you can share with others) love, fireflies, different, planet, shine

Book - Young Masters: This Little Light (Ages 4-8)

Read book, listen to CD audio story read by storyteller - Saphinne

Music – I Love Everybody in My Heart, Love Goes Around a Circle

Play songs on CD and pass a stuffed heart shaped pillow around, like a hot potato. When the music stops say one thing you love about the person who is holding the heart. If the class is small, use the pillow as a talking stick and ask the children to pass the pillow and each share something they love. Do this until everyone has a turn.

Procedure:

1. Begin with Treatment – Have the children repeat each line after you.

Sample treatment:

There is only One Life, God and that Life is in me right now.
God is love, and love fills my heart and mind.
Because I am filled with love I think loving thoughts and do loving things.
I give love and receive love freely
I care about others and myself
God is love, and love fills my heart and mind. And so it is.

2. Sing – God Is You & Me
3. Affirmation: ***God is love, and love fills my heart and mind.*** This may be written on an index card and taken home to be used for the week.
4. Read the story
5. Tell the children: “Today’s secret of the heart is GRATITUDE.”
6. Butaan, Phylos and Eetha are Young Masters and so are you. They are Young Masters because they have special gifts, just like you. They are learning how to use their special powers, just like you. These are the wonderful powers that God has given you to use – the secrets of the heart.
7. Let’s take the Young Master’s Pledge. (The Young Master’s Pledge - Cut one on the Heart of A Lion CD) [Children make a peace sign then place it over their hearts, begin by having them repeat short phrases after you until they learn it.]

***I promise - to use my gifts - every day - in every way
for I am a Young Master! PEACE***

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8. Story Review: In This Little Light, Butaan, Phylos and EETHa see fireflies for the very first time and wonder if everyone on Earth is born with a light that shines. Phylos discovers that LOVE is the light inside your heart that you can share. Butaan, EETHa and Phlyos discuss the many ways someone can open their heart and share love with people, the earth and things around them.

9. Discussion: Today we're talking about the gift of love and how we can use this gift.

- What is love? Love is a feeling you can share with others, love is the self-givingness of Spirit, it is you giving from your heart because you care about someone or something
- How does God show love for you? You were created out of love, if you exist you are loved, because you have been given the powerful gift to create, to make friends, to grow and learn, God has given you the secrets of the heart so that you could have a beautiful life.
- Who are people in your life that you love?
- How do you show these people you love them?
- How does love make you feel?
- How do you show love to the earth and the things around you? By taking care of them
- Is it okay for people to love different things, like music or sports or reading?
- What are some of the things that you love or love to do?

10. Choose an activity, craft project or worksheet from those listed below.

11. PASS THE PIG - Offering - We suggest it's good for the children to develop a habit of giving back, no matter how much it is. Perhaps you have a Piggy Bank you can use. The collection can go towards the center or to a charity you and the children have selected to help someone else. As the children give their offering repeat this or your own offering phrase.

I give my gift with love because I am so thankful.

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- 12.** Repeat the affirmation of the day and the Young Masters pledge.

God is love, and love fills my heart and mind.

***I promise to use my gifts every day in every way
for I am a Young Master! PEACE***

- 13.** Closing Treatment

There is only one life, God's life and that life is my life now.
God is love, and love fills my heart and mind.
Because I am filled with love I think loving thoughts and do loving things.
I give love and receive love freely
I care about others and myself
God is love, and love fills my heart and mind.
And so it is.

- 14.** Sing - **THANK YOU FOR BEING HERE** in English or in Swahili.

ACTIVITIES

- 1. Heartprints** – Because God loved you so much you were given your own fingerprint, your own name and your own way of thinking. There's no one in the whole world like you. You are unique. No one can love the way you do. What can you do to touch someone's heart with love? On a paper heart (see page 7 in this unit) create a "Heartprint" by making two thumb prints on the heart. Children will need a non-toxic inkpad to do this. On the back of the heart, write something you can do for someone to let them know you love them.
- 2. I Love The Earth** - Create a classroom project to show how you love the Earth. You can clean up your playground, start a classroom recycling program, create a peace garden or go on a nature walk. You can blow "love"

bubbles to everything you like and appreciate about the earth. You can blow bubbles to the trees, grass, flower, sky, etc.

Affirmation: I love the Earth and the Earth loves me.

3. A Drop Of Love - Love Begins With Me and Shines Outward in My Life

Explain to the children how when they express love it extends out into the world around them. Think about how a small pebble tossed into a pond has a ripple effect. Just one drop of love shown to someone can make the world a better place. Sit the children in a circle. Put a bowl filled with water in the center. Tell them that the bowl represents the world. Have each child put one small drop of love/food coloring in the bowl. As they put the drop in they will say the name of someone or something they love. Talk about how the color begins to spread out into the world. If each one of them shares love, it will ripple out into the world. So the person they love will love spread the love to someone else and so on. When they touch someone with love they color the world with love.

Materials:

1. This Little Light CD, non-toxic ink pad
2. bubbles, trash bags and gloves
3. Clear bowl, ie: a goldfish bowl, water, food coloring in small droppers

ARTS/CRAFTS PROJECTS

- 1. The Magic Garden** – God expresses in all of nature. In the story Butaan, Phylos and Eetha land in a magic garden. Create a beautiful picture of The Magic Garden. What does it look like to you? Are there animals, trees, flowers, insects or people in your garden? Do the flowers dance or the animals sing? What makes the garden magic? Be as creative as you want. You can draw pictures, cut and paste photos of the earth on paper or use pictures from magazines.
- 2. Clay Heartprints** – Children create heartprints out of clay. Use a heart shape cookie cutter to cut out a heart and then let each child make a heart print in the clay by placing his right thumbprint and left thumbprint inside the

heart. You can again remind the children God created them with their very own fingerprint that no one else in the world has. They are unique. Use a toothpick to write "God is love" on one side and on the other write "I am love." Talk about how show your love ie: kindness, sharing, helping. You may put a little hole in the top and add a string to make an ornament out of this heart. You can paint or decorate it. Children may give these to each other or to their parents or to someone they love.

3. This Little Light Coloring – Coloring page attached.

Materials: crayons, markers, magazines, photos, clay and heart shaped cookie cutter

WORKSHEETS

Love Begins With Me - This is a good partner to the "A Drop Of Love" activity. Use the attached "Love Begins With Me" worksheet and add the names of people, place and things your love touches to make the world a better place.

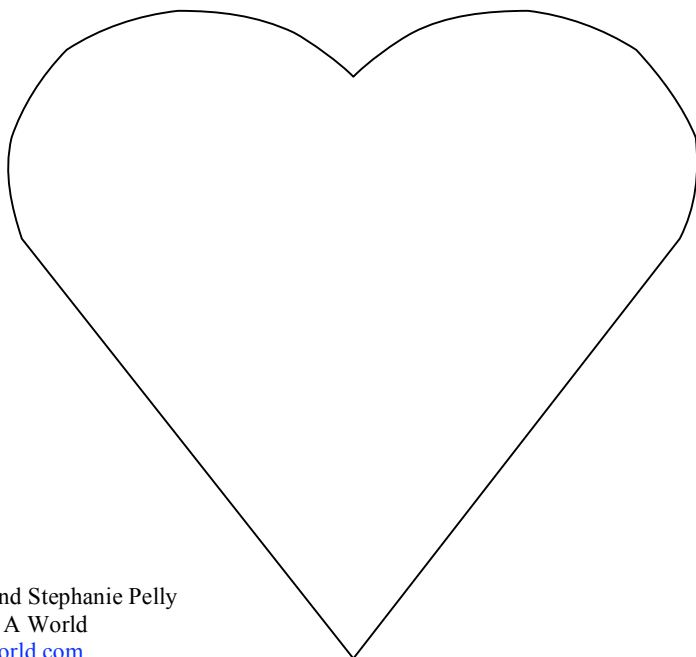
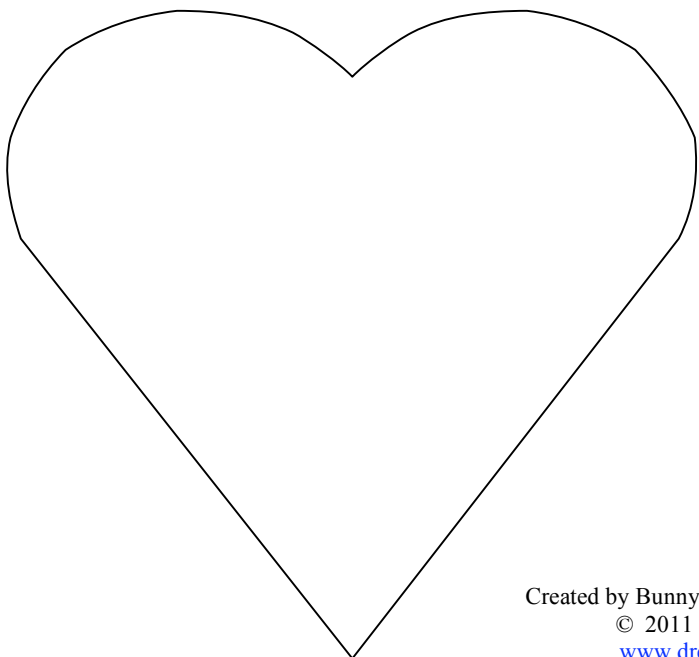
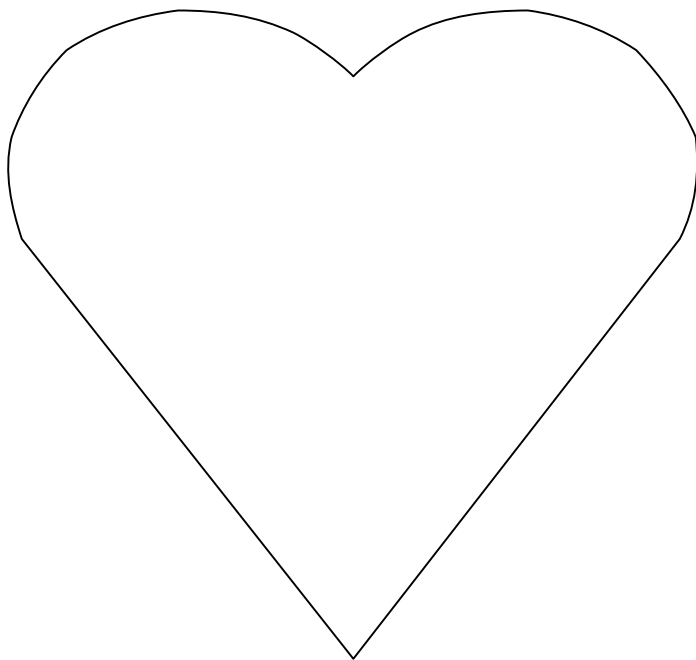
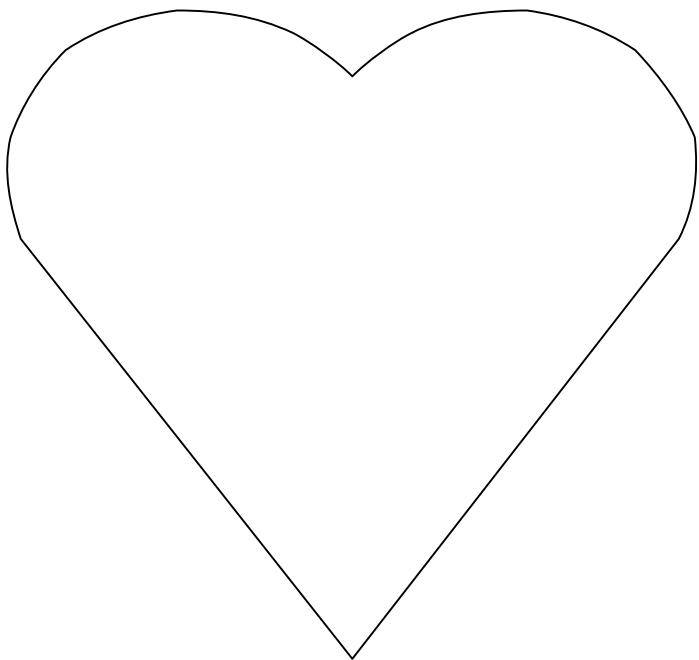
CREATIVE WRITING/DRAWING

A LOVE STORY - Create "A LOVE STORY" about someone or something you love. The story can be about your family, a friend, a pet, the earth or anything you can think of. It could be about two people, or two toys. The story can even be about you! "When you love yourself you have even more love to give." Draw a picture that tells the story.

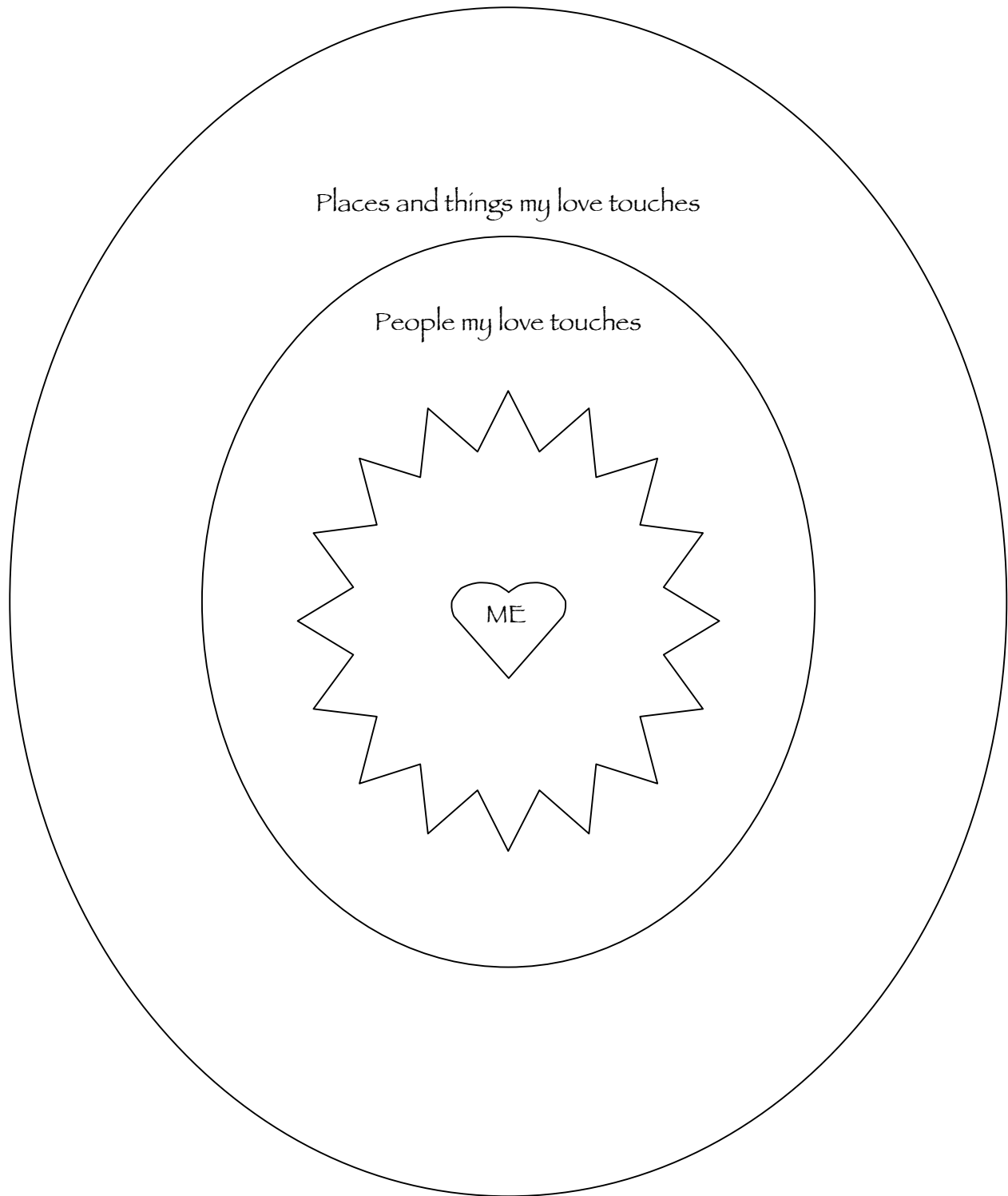
Finish each workshop by repeating the Young Masters Pledge and singing: THANK YOU FOR BEING HERE in English or Swahili.

HEARTPRINTS

Color and add your thumb print on one side.
On the back, write what you can do to show love to someone.

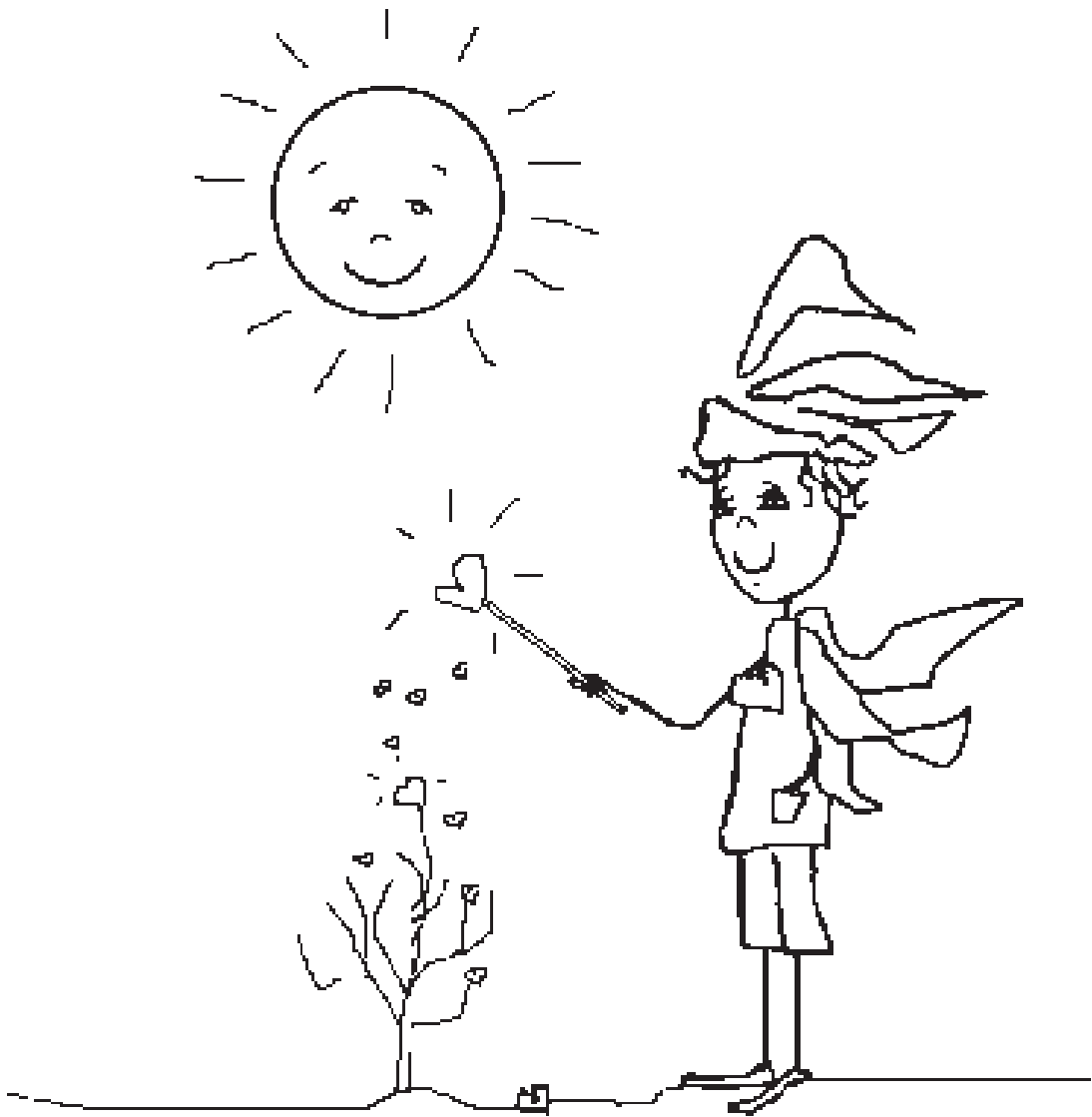


Love Begins With Me and Shines Outward In My Life



Dream A World®

From Young Masters: "This Little Light" by Bunny Hull & Kye Fleming



My love makes the world beautiful.

Positive tools for children building a better world!

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MAKE A YOUNG MASTERS HEADDRESS

MATERIALS: Safety scissors, a roll of corrugated display border or craft foam cut to at least 21 inches wide. (Cut foam to about 2" x 21") Choose some bright colors. Self adhesive Velcro squares or a roll of Velcro (self adhesive hook and loop tape), one bottle cap for each headdress, one small picture of the child to place inside, small double stick squares (to attach bottle cap to headband). Hat plumes – from one 8.5 x 11 foam sheet, your color choice to cut each sheet into five strips. 8.5 long pieces. You'll use three per headdress. Mix and match colors. Self stick letters for child's initials. **Optional decorations:** self stick foamies in different shapes, small seashells, seeds, small sticks or things from nature, or *pictures of things for which you are thankful!*

We suggest you precut all materials, craft foam, or corrugated paper. Depending on the age of the children.

Day One

- Hand out precut head band and have children write their names on one side of the band.
- Lay the headband flat on a table in front of you with your name side up.
- Separate the 1 inch square of Velcro, peel away the paper and stick it one inch away from the left side of the headband
- Flip the headband over and place the other side one inch from the right.
- Pick three plume colors you love from the foam sheets you have cut Now use your scissors to cut designs at the top, make them pointed by cutting a straight line at an angle, or cut a wavy line or a jagged line.
- Place your headband flat on the table so the inside is facing you. Now find the middle of your headband by folding it in half and then glue your first plume in the middle, then to the inside of your headband, on the same side as your name is written. Put about a "dime" sized circle of glue to hold it well. Then glue on your other plumes on either side about an inch or so from your center plume. *You must let your headband dry overnight and continue your next available day.*

Day Two

- Place your headband on the table so your name is facing down.
- Take a small double stick square and peel the paper off of one side, place in on the center of the outside of a bottle cap, the opposite of the deep side that goes on the bottle.
- Then peel the paper off the other side and stick it on the center of your band underneath your middle plume.
- Add your initials, the first letter of your first name and the last letter of your last name, on either side of your bottle cap. Or you can write them if you don't have stickies.
- Decorate your headdress with anything you'd like. Let it dry overnight.

Wear your special headdress for events, performances, reading or thinking time.

Secrets of the Heart Young Masters Headdresses



Visual Arts K-2

A review of hats and headdress from cultures around the world lead students to create their own headdress.

Children learn shape, line, color, design features and decorate their headdress with objects and pictures that are meaningful to them and illustrate something for which they are thankful.

Children explore how they feel when they wear their creations.

Hats may be worn in class during reading time or special activities.

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Saphinne wants to know if you
can trace these words and write the

Secrets of the Heart

Trace these words, then write them

I am somebody

friendship

smile

kindness

imagination

being

thankful

courage

creativity

love

Trace these affirmations,
then write them.

I am perfect
just the way I am.

Handwriting practice lines consisting of four sets of three horizontal lines (top solid, middle dashed, bottom solid) for tracing and writing practice.

My love makes the world
beautiful.

Handwriting practice lines consisting of two sets of three horizontal lines (top solid, middle dashed, bottom solid) for tracing or writing practice.

I love to use my
imagination.

I am creative.

I am a good friend.

I am a good student.

Young Masters Little Wisdom

Book Series & Curriculum

Teacher Tips:

- 1) This curriculum can be shared in a variety of ways that work best for you and your students. You may wish to share a **Book of The Week** or **Book of The Month**.
- 2) It would be great to highlight the **Secret of The Heart** somewhere in your classroom. You can have a poster that says, The **Secret of the Heart** for this week is *GRATITUDE!*
- 3) **Circle Up** - When you can, sit in a circle with the class and read the stories or share today's lesson. A circle creates the space where all the children can look at each other and feel like they are part of the group working together.
- 4) If you have **older children** in your group ask them to help by reading the story or turning the pages while the audio story plays. Give them some leadership skills.
- 5) **Utilize Parent Volunteers** with the special arts & crafts projects. It will involve parents with these important themes and encourage them to talk with their children about it.
- 6) **Be Creative** and share *your wisdom*. You may have new ideas to add to the curriculum. Go for it and drop **Dream A World** an email sharing your ideas with a direct message to bunny@dreamaworld.com
- 7) **Dream a World Loves Photos of Kids**. If you have special pictures or videos of your students with the books and/or, singing the music or working on the curriculum. Please add them to our facebook page. Just be sure you have parents sign a permission slip.
- 8) **Create an Art Gallery or Writing Wall** of the work children create from the curriculum. Showcase their work to show how much you care. Your leadership will inspire others.
- 9) **Celebrate BEING a YOUNG MASTER with the children, for it's no secret we celebrate YOU as being MASTER TEACHERS!**
- 10) **YOUNG MASTER OF THE WEEK!** Choose one student each week and let them share their wisdom!
- 11) **Dream A World Honors Teachers** We want to honor your work. A teacher each month will be highlighted on the website and in our newsletter. Please let us know who you are and what you're doing. Send us your picture and pictures of your kids (with parent permission), where you teach and tell us a little of the work you're doing with our books and music.
- 12) **Young Master Headdresses** Wear your headdresses as a group for performance, special events or to honor thinking or reading time.

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YOUNG MASTERS Little Wisdom “Secrets of the Heart” Program

Dear Parent(s),

Your child is participating in the Young Masters Little Wisdom curriculum, which was designed for Centers For Spiritual Living by **DREAM A WORLD®** to empower children 4-8 by teaching spiritual principles that connect with a variety of life skills. Based on the Young Masters Little Wisdom books each unit introduces a child to a **Secret Of The Heart** - *friendship, imagination, gratitude, courage, creativity and love*. Each of these principles are explored using stories, songs and interactive curriculum to inspire your children as they learn spiritual truths, important values, social awareness, life skills and develop the ability to problem solve and make intelligent choices.

If you wish to add the YOUNG MASTERS Little Wisdom book series to your child's home library I invite you to visit our bookstore or the Dream A World website, www.dreamaworld.com and learn more. We're pleased to offer you a 10% off code 7K7FB8 if you decide to purchase online. Please type the code in as you complete your purchase online.

We look forward to working with your child.

Sincerely,

Youth Director

Parent Tips:

- 1) Ask your child questions about the Secret of the Heart they learned and encourage them to share what they learned about that secret. Ask them to tell you the affirmation of the day, or about their activities. Let us know how your child is benefiting from the program.
- 2) To establish a sense of gratitude and giving back we “Pass The Pig” each time we meet. It's our own youth collection. Whether it's 25 cents or a dollar, if you are able we suggest your child bring something to share. Perhaps it's a portion of their weekly allowance. Money collected will be used for supplies, given to a charity of their choice, to the center or used for some special youth event.
- 3) *Repetition is the mother of invention*. The books used in this program are available for purchase for reading a home just before bed or during your special reading hour. Each book also includes a CD with music and an audio story narrated by storyteller, Saphinne. Some of the books have multi media files for computer use.
- 4) Learn to sign & spell the “secrets” by watching the online videos together at www.dreamaworld.com/kids **Be creative** and share *your* wisdom about a *secret of the heart* with your child.
- 5) **Dream a World would love to hear from you**. If you and your child have insights from this program or special pictures of your “Young Masters” with their affirmations, books or art projects, please add them to the Dream A World facebook page where you can learn one *secret of the heart* and affirmation to share with your child every day.

Additional songs available from Dream A World®

These songs additionally support the themes from the Young Masters Little Wisdom Curriculum and are available for download at iTunes and CD Baby or on CD and with activity books from www.dreamaworld.com

Friendship

A Smile Is A Smile – from *Peace In Our Land*
A Friend – From *Secrets Of The Heart*
Little Acts Of Kindness – From *Secrets Of The Heart*

Gratitude

I Am Blessed - From *Secrets Of The Heart*

Courage

I Believe In Myself – from *Peace In Our Land*
When You Believe – from *Secrets Of The Heart*
Heart Of A Lion - from *Secrets Of The Heart*

Creativity and Imagination

Dream A World – from *Dream A World*
Master Of My Dreams - from *Dream A World*
Circle Of Creativity - from *Dream A World*
The Mind Is A Funny Thing - from *Dream A World*
That's The Way It Works- from *Dream A World*
Train Of Thought – from *Creative World*
Follow Your Heart (contains Spanish and English) from *Dream A World*

Love

Love Comes In Every Color – from *Peace In Our Land*
Pass It On - from *Dream A World*
Circle Of Love – from *Secrets Of The Heart*
House Of The 3rd Pig – from *A Child's Spirit*
Love Mobile – from *Creative World*

I Am Somebody – **Individuality** - from *Dream A World*
I Am Free To Be Me – **Individuality** - from *Dream A World*
Be Who You Are – **Individuality** – from *Creative World*
Peace In Our Land – **Peace and Diversity** - from *Peace In Our Land*
One Big Family – **Diversity** – from *Creative World*
A World Of Difference – **Diversity** – from *Peace In Our Land*
Family – **Connection** - from *Peace In Our Land*
Beautiful Day – **Joy** – from *Secrets Of The Heart*
Joy - **Joy** – from *Secrets Of The Heart*

New Thought

God Is You & Me – from *A Child's Spirit*
Namaste - from *A Child's Spirit*
We Are Spirit - from *A Child's Spirit*
Here Inside Of Me – from *A Child's Spirit*
There Is A Light - from *A Child's Spirit*
God Made Me Special – from *Creative World*
Alphabet Affirmations – from *Alphabet Affirmations*

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New from the Parents' Choice Award-winning YOUNG MASTERS Little Wisdom Series

Somewhere over the sky and under the moon, Butaan, Phyllos and Eetha set foot on Earth for the very first time to learn about the powerful gifts born to the people of Earth – *the secrets of the heart*.

"Inspiring!" – Haley Overland, *Today's Parent*

A new collection
of story & song for children
4 – 8 from Award winning
author & Grammy® Award-
Winner Bunny Hull

New Larger Size!

9" x 9" hardcover picture
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Curriculum now available

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This Little Light
794784011320 \$16.95

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794784011221 \$16.95

Secrets of the Heart – Music CD ▼
Parents' Choice Award Winner!
794784010828 \$13.95

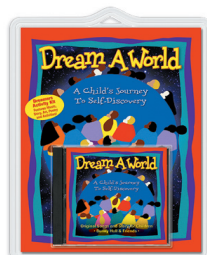
"Inspirational and motivational!"

– Donna Cardon, *School Library Journal*

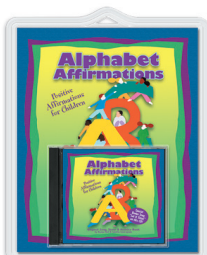
**"Skillfully crafted resources designed to
empower children - I highly recommend."**

– Patti Mercado - *Youth Director CSL*

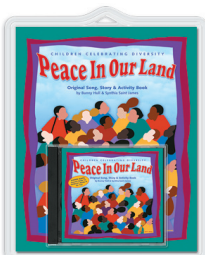
**Available from: www.dreamaworld.com
Wholesale from Baker & Taylor,
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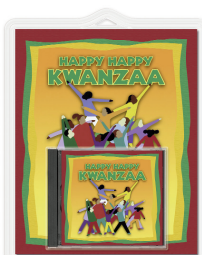
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