

Young Masters Little Wisdom Curriculum



Life Skills & Values
Empowering Children Ages 4-8

Positive tools for children building a better world!

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Curriculum Creators

Grammy® Award-winner Bunny Hull is founder and director of Dream A World Education, Inc. a non-profit working with low-income schools in Los Angeles

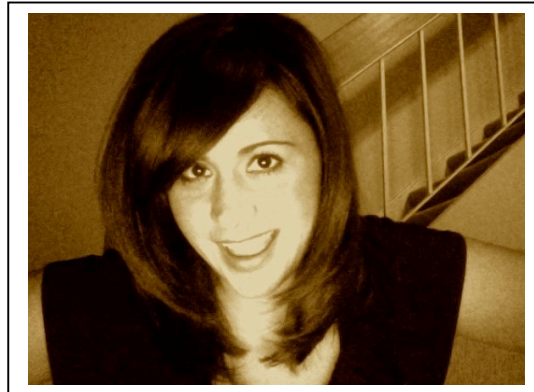


Bunny Hull

where her programming has had a positive impact on the lives of thousands of children in grades K-5. Hull is an award-winning children's author and recipient of numerous awards including five Parent's Choice Awards, three National Parenting Publications Awards, and a Parent's Guide To Children's Media Award. She was recently nominated for an American Library Association Award.

Dream A World Education, Inc.
www.dreamaworldedu.org

Stephanie Pelly has a true gift of recognizing the magical spirit of children...and adults. As a peace educator, she has spent over twenty years teaching in public, private, and Montessori schools where she implemented *character education* and *bullying prevention* programs throughout Bucks County, PA and Southern New Jersey. Her most recent work includes The Peace Center in Langhorne, PA and Naudain Academy - A Montessori School. Stephanie holds a Bachelor of Science degree in Elementary and Special Education from Monmouth University in New Jersey.



Stephanie Pelly

YOUNG MASTERS

Little Wisdom Curriculum

for children ages 4-8

The **YOUNG MASTERS LITTLE WISDOM** book series and curriculum has been designed to empower children and teach a variety of *life skills*. You may choose activities, projects, and worksheets from this curriculum that you feel are most age appropriate for your group.

Contents

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8. Trace & Write sheets, Teacher Tips, Parent Tips & Letter, Additional Songlist

The Young Masters Pledge

***"I promise to use my gifts every day, in every way
for I am a young master. Peace!"***

Created by Bunny Hull
and Stephanie Pelly
for Dream A World®

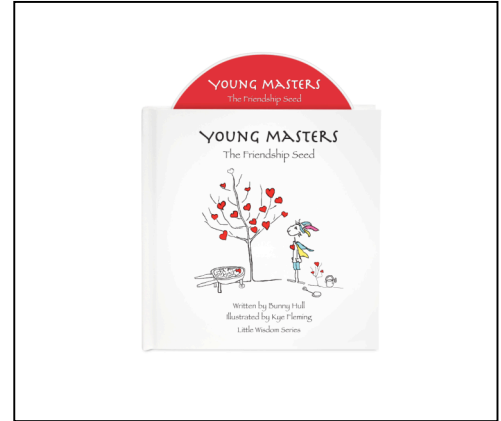
Books, music, and curriculum are available online
at www.dreamaworld.com
Music is also available on iTunes

YOUNG MASTERS:

The Friendship Seed

Teacher Introduction:

Thank you for facilitating a wonderful learning experience for your students. The **YOUNG MASTERS LITTLE WISDOM** book series and curriculum has been designed to empower children and teach a variety of *life skills*. You may choose activities, projects and worksheets from this curriculum that you feel are most age appropriate for your group.



Objective: In today's lesson, the children will learn all about **FRIENDSHIP** - what it means to have a friend and how to nurture a friendship.

Affirmation of the day: I can plant a friendship seed. I'm a good friend.

Vocabulary words: gift (a special something you have within you that you can share with others), important, seed, plant, grow, grin, share

Book - Young Masters: The Friendship Seed (Ages 4-8)

Read book, listen to CD audio story read by storyteller - Saphinne

Music – Over The Sky & Under The Moon, How Does Your Garden

Grow Listen to the song *Over The Sky and Under the Moon* and how it talks about Butaan and Phylos' friendship. What do the words say? You may use other music in the background when children are working on arts projects.

Additional music: *First I Plant A Seed* from *A Child's Spirit* by Bunny Hull or *Little Acts of Kindness* and *A Friend* from *Secrets Of The Heart*. (Available on iTunes or www.dreamaworld.com)

Today's Secret Of The Heart: Friendship

Begin lesson with the Young Masters Pledge

[Children make a peace sign then place it over their hearts, begin by having them repeat short phrases after you until they learn it.]

***I promise - to use my gifts - every day - in every way
for I am a Young Master! PEACE***

Story Review: In the story, Butaan and Phylos are discovering what it is that makes something grow. Phylos wonders if you can grow a flower with just one little seed, some sunshine and water...can you grow a friend? What kind of seed would you plant? Where would you plant it? How would you take care of a friendship seed?

Discussion:

Today we're talking about the gift of friendship and how we use that gift. Did you know we live in a friendly Universe? Everything works in harmony. The sun comes up and goes down. When you plant a seed, if you give it sunshine and water - it grows! Everything works. You're made that way too. When you first came to school you made new friends.

- What was the friendship seed that Phylos discovered?
- Where did he plant the friendship seed?
- What did Phylos do to take care of his friendship?
- Did you ever plant a friendship seed?
- How did you plant a friendship seed?
- What do you do to take care of your friendships?
- What are some things that friends do together?
- Do you have a best friend?
- How do you feel about your friends?
- Why are your friends important?

ACTIVITIES

1. Flower Power, The Beauty Is In Our Differences

Bring in a bouquet of flowers, (find a bouquet that's filled with a variety of different looking flowers) Talk to the children about what the flowers need to grow, like sunlight, water and good soil. Flowers need to be cared for and nurtured just like friendships. Then ask the students the following questions. What do they notice about the flowers? Do they all look the same? Do they have the same shape and size? Are all the flowers the same color? How are WE like the flowers? People are different sizes, colors and shapes. We each have qualities about us that are special and make us beautiful. Just like all different kinds of flowers grow together, so do we all grow together even though we're all different. If you have enough flowers perhaps you can give each child a flower to give to a friend.

2. The Affirmation Game – I'm a good listener – One of the things that friends do is listen to each other - when one talks the other listens. Like you listen to me, your teacher, when I am talking. That's how we learn. Ask the children, "Are you good listeners?" Have the children sit in a circle and one by one say an affirmation changing the last word.

The first one will be. "My name is _____ and I'm a good listener. After the child says this, the other children will answer by repeating the child's name and saying: "_____ is a good listener."

The next affirmation could be: My name is _____ and I'm a good reader. They will repeat: "_____ is a good reader. And so on, having each child say something they're good at: a good speller, talker, artist etc.

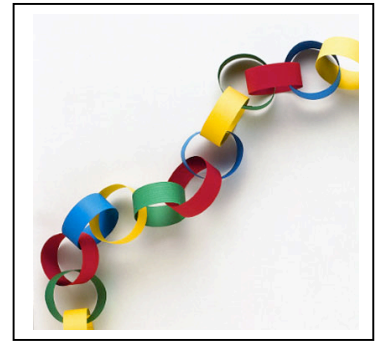
Materials:

1) A colorful bouquet of flowers, The Friendship Seed CD

ARTS/CRAFTS PROJECTS

1. **Chain Of Friends** – Create a friendship chain - on each piece of paper write a friend's name and something you can share or do with your friend. (example: talk, share a smile, a hug, a book, build a fort, sing, create a song, etc) When the Friendship Chain is complete attach the ends to make it into a circle. Sit in a circle and pass the chain, each child will put it around their neck when they speak. Talk about how the chain shows you are always connected to your friends.

What are some of the things that connect us as friends and as people? What are some things that are the same about us? We all smile and laugh, sometimes we cry. Do we need to be in the same room with someone to feel connected? We're always connected to our friends by our love for them and their love for us...so even if a friend of yours or someone you love is far away...you're always connected.



2. **The Friendship Tree** – Using the tree on the cover of The Friendship Seed as a model, decorate a small potted tree or branch with red hearts, each bearing the picture and name of a student, on the back write the "I AM_____". Fill in the blank with words like kind, helpful or honest. If it's a real tree, you may want to plant it somewhere on your school grounds, as the school's Friendship Tree.
- Talk about how powerful the words "I AM" are and how what you say after those words is very important. What do you say after "I AM?" "I am smart." "I am good." "I am respectful."

Play "How Does Your Garden Grow" while you hang hearts on your tree.



If students ever have disagreements, they can go to the friendship tree, find their pictures and hang them next to each other, talk about what's the same about them, shake hands, apologize and be friends.

3. **Each One, Teach One** - *A Day of Sharing Ideas* - When you learn - teach! Friends teach each other. What do you know or know how to do that your friends may not? Can you ride a horse, plant a tree, build something, have you traveled somewhere or tried some exotic food, baked a cake, petted a llama or driven a go-cart? Declare one day a week "Each One Teach One Day." Ask one child each week to bring a picture, or a prop of some kind to share something unique about them, something about which they can teach the others. It can be something as simple as shining or lacing up a pair of shoes or boots. Have them teach their fellow students and, when the presentation is complete, ask the class to applaud and say together, "Thank you _____ for being a friend! I can learn a lot from you."

Materials/Directions:

1. Paper strips, markers, paper hearts, and photo of each child. 2. A small tree or a broken tree branch large enough to be potted. 3) Red construction paper, markers, hole punch and string to hang the hearts. 4) Punch a hole in each heart, thread a string through the hole and tie in a loop. You may string them together on one long string.

WORKSHEETS

1. The Friendship Flower - On the petal of the friendship flower below write one thing that makes a friendship grow? Describe how you feel about your friends or how you can act towards your friends? What could you say or do to make your friends feel good? You may do so by finishing this sentence. My friend would feel really good if I was _____. (kind, caring, helpful, understanding etc.) Or, it would make my friend feel good if I _____. (shared my toys, listened, etc)

CREATIVE WRITING/DRAWING/ART

1. Color the attached Friendship Tree.

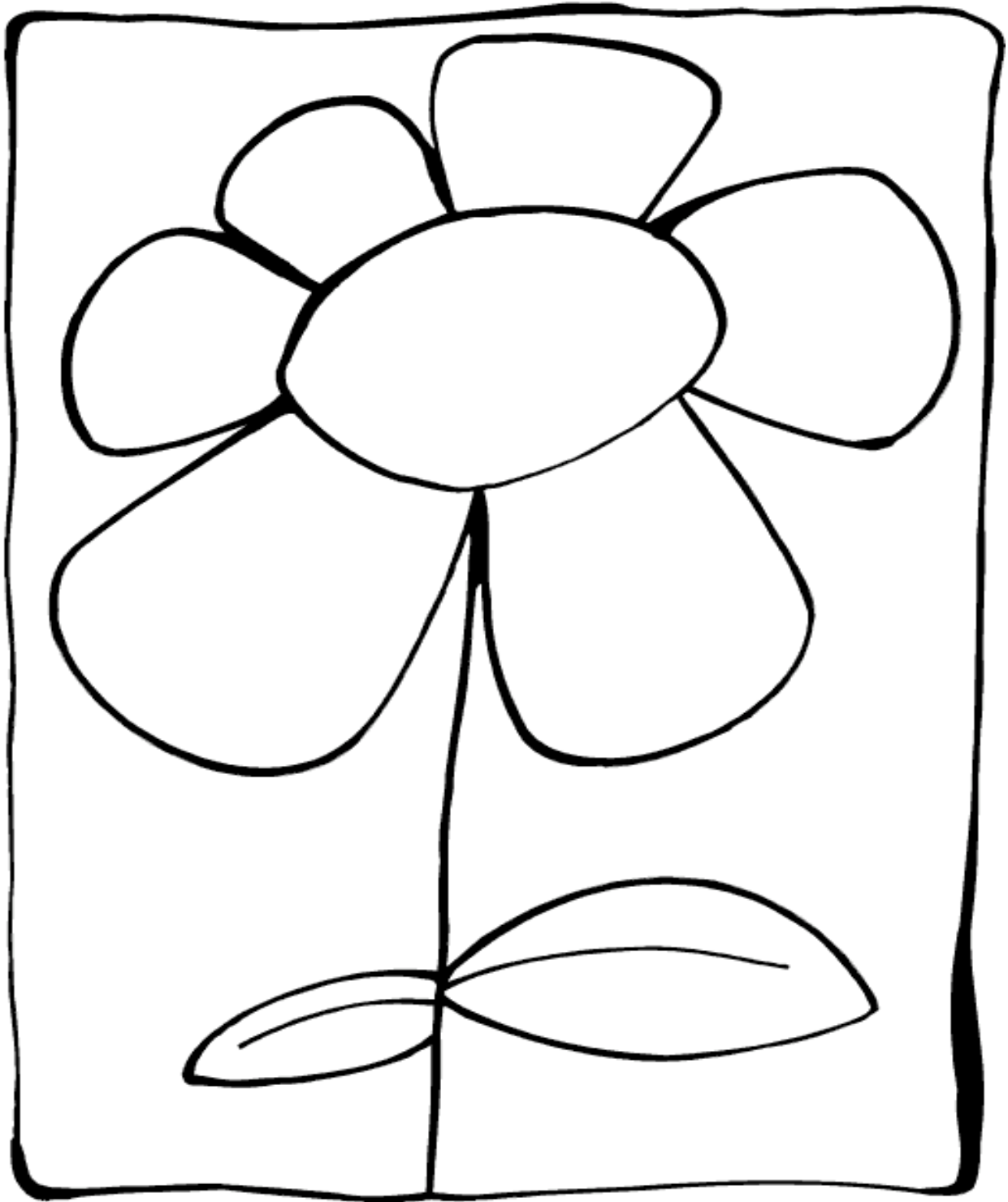
2. Draw a picture of friendship. Draw a picture that shows you and your best friend. What are you doing that friends like to do together?

Finish each workshop by repeating the Young Masters Pledge and singing: THANK YOU FOR BEING HERE! in English or Swahili.

(This song is available in these three Books/CDs
Young Masters: The Invisible Power, Young Masters: This Little Light
Young Masters: Heart Of A Lion or available on iTunes or CD baby)

My Friendship Flower

What makes a good friendship? Write one word in each petal. (Kind, Caring, Helpful)



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From Young Masters: "The Friendship Seed" by Bunny Hull & Kye Fleming



I can plant a friendship seed. I'm a good friend.

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YOUNG MASTERS:

The Magic Eye

Teacher Introduction:

Thank you for facilitating a wonderful learning experience for your students. The **YOUNG MASTERS LITTLE WISDOM** book series and curriculum has been designed to empower children and teach a variety of *life skills*. You may choose activities, projects and worksheets from this curriculum that you feel are most age appropriate for your group.



Objective: In today's lesson, the children will learn all about **IMAGINATION** - what it is and how they can use it.

Affirmation of the day: I love to use my imagination.

Vocabulary words: gift (a special something you have within you that you can share with others), imagination, mind, visualize, strong, safe

Book - Young Masters: The Magic Eye (Ages 4-8)

Read book, listen to CD audio story read by storyteller - Saphinne

Music – Listen To Your Heart.

Listen to the song and use creative movements and your imagination to act out the words. You may use music in the background when children are working on arts projects.

Today's Secret Of The Heart: IMAGINATION

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Begin lesson with the Young Masters Pledge

[Children make a peace sign then place it over their hearts, begin by having them repeat short phrases after you until they learn it.]

***I promise - to use my gifts - every day - in every way
for I am a Young Master! PEACE***

Story Review:

Butaan is sometimes afraid of the dark, and teaches Phylos how he uses his IMAGINATION and his Magic Eye to help him not be afraid.

Discussion:

Today we're talking about the gift of imagination and how we can use this gift. In The Magic Eye, Butaan and Phylos learn that seeing with your eyes closed is a very special power that we are all born with.

- What are some of the ways Butaan and Phylos used their Magic Eye in the story?
- Where do you think your Magic Eye is? It's in your mind.
- What is another name for your Magic Eye? Imagination
- Do you use your imagination everyday?
- What are some ways you can use your Magic Eye/your imagination?
- You use it every day when you pick out your clothes, comb your hair a certain way, or decide what color crayon to use. You use it when you draw or decide what words you will say to each other. You use it all the time, every time you make a choice.

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ACTIVITIES

1. The Magic Circle - Place a hula hoop or circle mat on the floor and sit the children around it in a larger circle. Children take turns sitting inside the hoop and using their imagination. Tell them once they are in the magic circle their mind will become magical. Ask them what can they see when they close their eyes? Are they somewhere else in the world? Are they doing something? Is there someone with them? Ask them to describe what they see. Go around the circle until all the children have taken turns.

Once everyone has had a turn, ask the children if they think their magic eye was really more magical when they were in the circle. Or did it seem more magical because they were using their imagination? Remind them that their mind is always magical because their imagination is always inside their mind wherever they go.

2. A Circle Of Creation

Ask the students to stand in a circle and hold hands. The teacher will begin moving her body through the hula hoop (while holding hands) as she passes the hula hoop to the person next to her. The hula hoop passes through the circle of friends until everyone gets a turn. You can play the song **Circle of Creation** while doing this activity.

3. Tell Me A Story

Find a picture or a painting that you feel tells a story to which the children can relate. Perhaps you'll choose an image from a well-known artist like Diego Rivera's *The Flower Vendor*, or a photograph from a magazine that contains figures and items that have meaning to you.

Tell the children they are going to use their Magic Eye to imagine a story about this picture. You will begin: "ONCE UPON A TIME THERE WAS..." Each child

will add to the story. You may prompt the children by pointing to items in the picture or with a verbal prompt about an image that may help them along.

Materials: Hula hoop or circle mat and Young Masters: The Magic Eye CD

ARTS/CRAFTS PROJECTS

- 1. The Magic Eye** – Ask children to lie down with their eyes closed like Butaan when he is afraid of the dark. Ask them to use their Magic Eye and imagine where they are and what they're doing. (ie: feeding birds at a lake, building a snowman or blowing bubbles on a hot sandy beach) You can play gentle instrumental music in the background for about 3 minutes. Ask the children to then draw a picture, or draw and write, about what they saw with their MAGIC EYE.
- 2. Looking Through My Magic Eye - Folded Paper Designs** – Fold a piece of paper in half and cut a small crescent shape in the middle. When they open it up, tell them to look through the hole in the middle. This represents their Magic Eye. Ask them to use their imagination to color the imagination space around their Magic Eye. How beautiful is their imagination? What colors and shapes do they see? What else do you see – people or animals? What does the world look like? They can use crayons, markers or other craft materials. Share designs when complete.

Materials: Young Masters: The Magic Eye CD when the children are drawing Paper, markers or crayons and a gentle instrumental music of your choice.

WORKSHEETS

1. You can make something beautiful out of a scribble or even a mistake – Give each child the same “Scribble Design. Use the sample on page 7 or make your own. Students will use their imagination to create something out of their scribble.

2. Turn your world around - The Power of My Imagination –

Write & explain your answers to the following.

1. I am sitting in a room alone. The only things there are some rubber balls, string, a balloon, a hat, a pirate’s eye-patch and a pencil. What can I do to have fun with these things? Use your imagination.

2. My best friends found someone’s wallet left on the baseball field. They say finder’s keepers and want to keep the money. What can I think of to say? Use your imagination

3. I’m going to a party I can choose from these things to wear. a blue checked shirt, a green polka dot shirt, blue pants, black pants, white socks, black socks, black tennis shoes, white tennis shoes, a baseball cap, a cowboy hat and some sunglasses. What will I wear? Use your imagination.

4. I am in a store with my mom or dad and all of a sudden I can’t find them. I feel afraid. What should I do? Use your imagination.

CREATIVE WRITING/DRAWING

a) I See Myself – Thinking constructively about yourself

In the story of “The Magic Eye”, Butaan and Phylos saw themselves as teachers and healers and mountain climbers.

Use your imagination to write about or draw a picture about how you see yourself. “When you close your eyes and use your Magic Eye. How do you see yourself?”

“I see myself as a doctor.” I see myself reading.” “I see myself helping people.”

Share the writing and/or drawings and discuss how they would feel when they were doing what they saw themselves doing. “How did it feel to be a Doctor?”

b) I See You – Thinking constructively about others

Use your imagination to write about or draw a picture of how you see your best friend.

“I see you as a teacher one day.” “I see you as a carpenter.”

Share the writing and/or drawing and discuss why they imagined their friend this way and what is it about them that makes them feel this.

Finish each workshop by repeating the Young Masters Pledge and singing: THANK YOU FOR BEING HERE in English or Swahili

(This musical piece is on these three Books/CDs
Young Masters: The Invisible Power, Young Masters: This Little Light
Young Masters: Heart Of A Lion or available on Itunes or CD baby)

Created by Stephanie Pelly and Bunny Hull

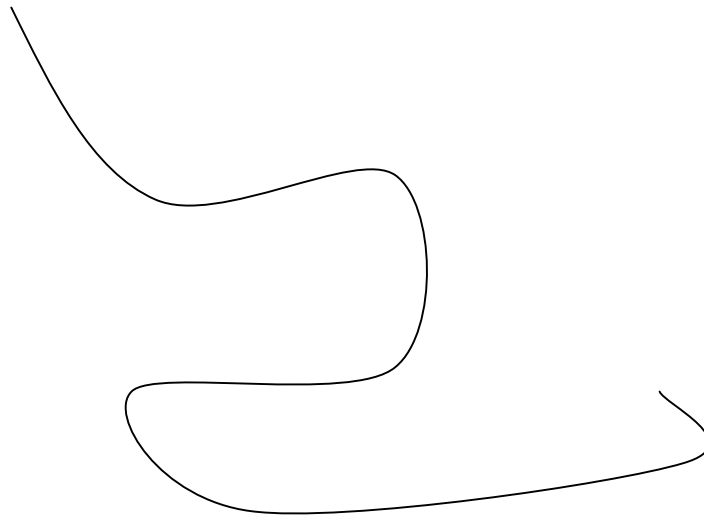
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Example of a Scribble Design Image

I am _____ . I am a creator.

I created a _____ by using my IMAGINATION.



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From the Young Masters - The Magic Eye by Bunny Hull & Kye Fleming



I love to use my imagination!

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YOUNG MASTERS:

The Hidden Treasure

Teacher Introduction

Thank you for facilitating a wonderful learning experience for your students. The **YOUNG MASTERS LITTLE WISDOM** book series and curriculum has been designed to empower children and teach a variety of *life skills*. You may choose activities, projects and worksheets from this curriculum which you feel, are most age appropriate for your group.



Objective: In today's lesson, the children will learn all about **Gratitude** – what it is, why it's important and how they can use it.

Affirmation of the day: Every day is a gift.

Vocabulary words: gift (a special something you have within you that you can share with others), gift, (a present that you give to someone else) treasure, feeling, gratitude, grateful, thankful, appreciation

Book - Young Masters: The Hidden Treasure (Ages 4-8)

Read book, listen to CD audio story read by storyteller - Saphinne

Music – Everyday is a Gift, Circle of Appreciation.

Listen to the song, make shakers (activity below) to play with it and use creative movements to act out the words. You may use other music in the background when children are working on arts projects.

Today's Secret Of The Heart: Gratitude/Being Thankful

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Begin lesson with the Young Masters Pledge

[Children make a peace sign then place it over their hearts, begin by having them repeat short phrases after you until they learn it.]

***I promise - to use my gifts - every day - in every way
for I am a Young Master! PEACE***

Story Review: Butaan celebrates Phylos' birthday by giving him a gift and discovers the hidden treasure in giving is being thankful. They talk about the real meaning of giving to others, that the true gift of giving is being thankful and that there's *always* something for which to be thankful.

Discussion:

Today we're talking about the gift of gratitude and how we use that gift.

- What do you say or do when someone gives you a gift?
- How does it feel when you get a gift?
- How does it feel when you give a gift?
- What kinds of gifts can you give? Are they always things?
- Other than *things* what else can you share with people?
- How about sharing a secret of the heart with someone?
- What are some of the secrets of the heart? Kindness, love, friendship and a smile etc.
- How do we show our gratitude to the people, things and world around us?
- What are some of the things you're grateful for?
- You can be grateful for people in your life. Who are some of the people you are thankful for?

ACTIVITIES

1. The Greatest Gift -

- a. Hold up a box and tell the children this box holds the greatest gift in the world. Ask them if they can guess what it is. "What is the greatest gift in the world?" Tell the children you will pass around the gift box and they can take a peek to see what's inside, but they have to keep what they see a secret until everyone has a turn. It is helpful for you to demonstrate this first. (Inside the gift box, you would have already placed a mirror) The children will find it a joy to discover the greatest gift is themselves.
- b. Discuss what kinds of "gifts" they can share with others. Examples: a smile, a hug, a creative idea, friendship, help etc. Write these ideas on colorful strips of paper and place them inside the gift box.

2. Gratitude Coins – Create a classroom treasure box. You can use real coins, "play coins", chips, or create paper coins that children can write on. The goal is for children to be in the habit of daily gratitude. They can place a coin in the treasure box and say something they are thankful for each day. The classroom treasure box can be placed in a special corner in the classroom or added to once a week on a regular day. Perhaps it's something for which the special person of the day can be responsible. Use the gratitude coins as a reminder of what you're thankful for. When the children have an abundance of gratitude, they can use their coins to have a special treat day.

Discussion: Why is gratitude a good thing?

- It makes others feel good when you say "Thank you."
- When you're grateful you open your heart and receive even more to be grateful for.
- When you're grateful it goes around in a circle and comes right back to you.
- What else?

3. Circle of Appreciation – While the song is playing walk around in a circle holding hands. When the music says "1, 2, 3, 4," stop walking and point to

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four friends. When you point to your fourth friend, give them a thumbs up, or a peace sign, throw imaginary confetti at them, clap for them, or raise your hands in the air.

4. The Invisible Gifts Inside – Have the children sit in a circle. In the center is a gift box with Invisible Gifts inside for each of them. Everyone is asked to use their imagination. The teacher will pull out an invisible and imaginary gift for each child, one at a time. "You have been given a gift. What do you think it is? Can you see it or feel it? What can you do with it or use it for? Is it a special talent? Is it a secret of the heart?" The teacher needs to use her creativity and imagination to perhaps "sprinkle a little invisible confetti or fairy dust" over the child's head, place "something" in their hand, put "something invisible" around their neck, hand, wrist or "pet something" and leave it in front of the child. After everyone has a turn, you can ask the children to GUESS what their gift is and why they are thankful for it. Throughout the year this lesson can be repeated and children can take turns being "the special gift giver" to their friends.

Materials:

The Hidden Treasure CD , gift box with mirror inside, strips of colorful paper, gratitude coins and a treasure box

ARTS/CRAFTS PROJECTS

- 1. "You Are A Gift" Cards** – Let someone know they are a gift to you. Ask that each child talk about something nice someone did for them this week. Create a card with construction paper or card stock. Write on the front - "You Are A Gift" on the inside tell them why they are a gift to you and thank them for what they did. Tell them why you appreciate them. Give them the card to say thank you.
- 2. Shake-A-Thank** – Create shakers. Shake and give thanks. Dry out some small empty juice cans, add a handful of rice or some small beans to each and cover the opening with some tape. They will sound different according to what you put inside. You can cover them with construction paper or wrapping paper, write thankful on them or decorate them if you wish. Now you can play along with "Every Day Is A Gift." Shake on each word every

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time you say "I am thankful, I am thankful, I am thankful, everyday is a gift." Every time you shake your shaker, it will remind you to be thankful.

3. Gratitude Journal – Fold 3 or 4 sheets of construction paper and make two holes on the fold line, about 3 or 4 inches from center. Lace with yarn and tie. On the front page the children will write "My Gratitude Journal/Book," paste a picture of themselves below the title and write their name.

- a. Page 1 - Draw, or write down the names of the people who were thankful you were born.
- b. Page 2 - Draw, or write down the names of, the people you are most thankful for.
- c. Page 3 - Draw, or write the names of, things or secrets of the heart you are most thankful for.
- d. Page 4 - Draw, or write down, the ways you can show you are thankful to others.
- e. Page 5 – Draw, or write down, the ways you can show gratitude for the world in which you live, your school, your neighborhood etc. How can you help to make the world better?

Materials: construction paper, crayons, markers, yarn, hole punch, paste

WORKSHEETS

1. AN ATTITUDE OF GRATITUDE -

On a sheet of paper list 5-10 things that you will be grateful for when they happen. Is there something you are wishing for, somewhere you would like to go or something you would like to do? Make a list of things as if those things have already happened. ie: "I am thankful for having so much fun at the zoo." As you share your list, each time you read what you are thankful for, ask the rest of the class to say: "We're so thankful!" Children can use their "shakers" to "shake a thank" when they say this.

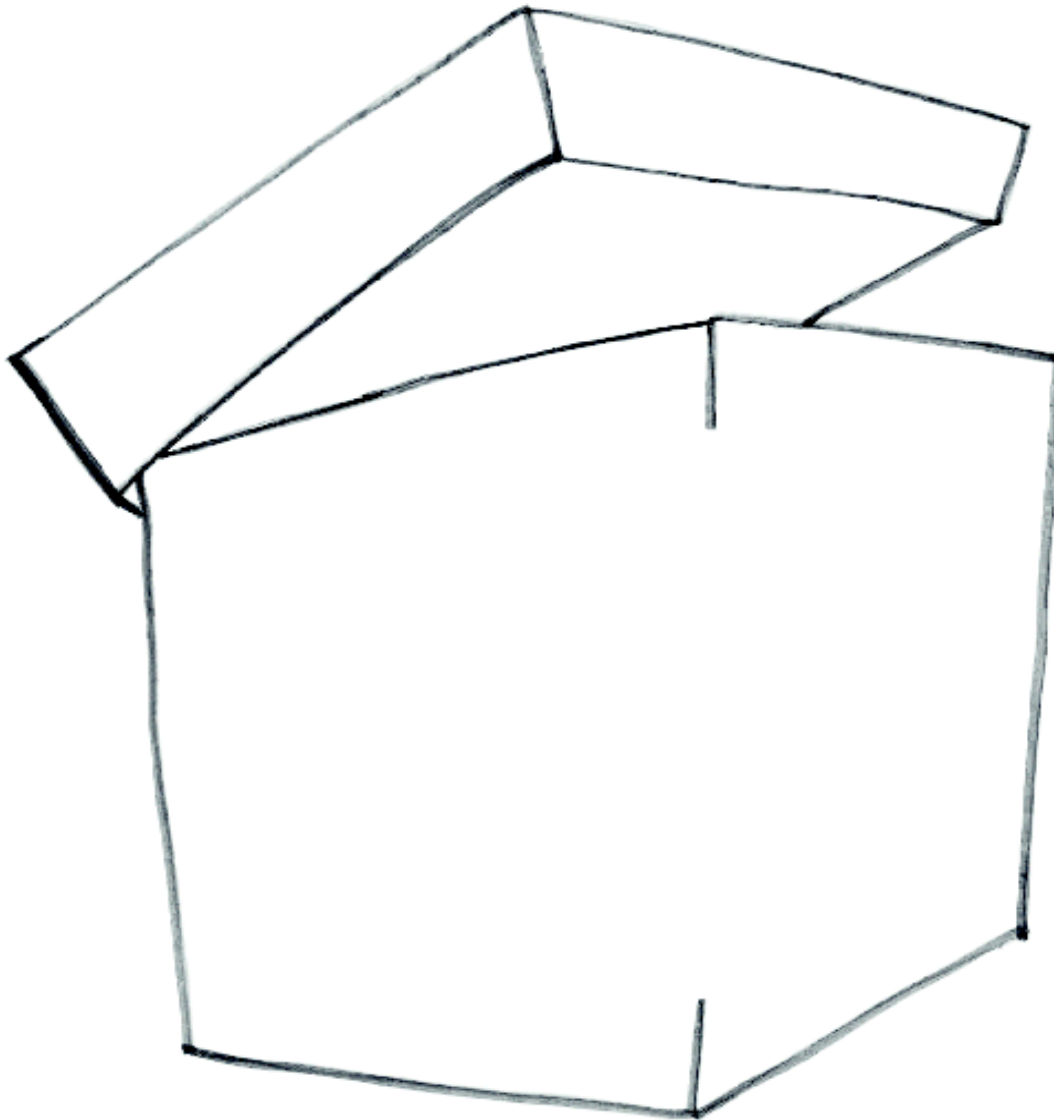
CREATIVE WRITING/DRAWING

Write a story and/or draw a picture about a gift you want to share with someone you care about. Tell who that person is and say why you are choosing that gift for that person. The gift may be something you give from your heart or it may be something you create. Draw a picture of your gift on the sample gift box on the next page. You may decorate your boxes by drawing bows, ribbons etc.

Finish each workshop by repeating the Young Masters Pledge and singing: THANK YOU FOR BEING HERE in English or Swahili.

(This musical piece is included on these three Books/CDs
Young Masters: The Invisible Power
Young Masters: This Little Light
Young Masters: Heart Of A Lion
or available for download on iTunes or CD baby

The Gift I Share



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From the Young Masters - "The Hidden Treasure" by Bunny Hull & Kye Fleming



Everyday is a gift.

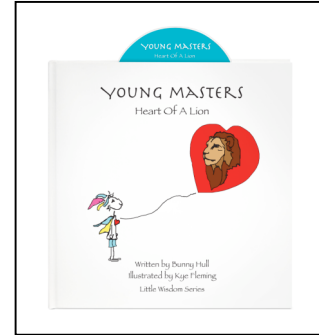
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YOUNG MASTERS:

Heart Of A Lion

Teacher Introduction:

Thank you for facilitating a wonderful learning experience for your students. The **YOUNG MASTERS LITTLE WISDOM** book series and curriculum has been designed to empower children and teach a variety of *life skills*. You may choose activities, projects, and worksheets from this curriculum that you feel are most age appropriate for your group.



Objective: In today's lesson, the children will learn all about **COURAGE**, what it means to have courage, how you find it and how you can use it.

Affirmation of the day: I am perfect just the way I am. I have the heart of a lion.

Vocabulary words: gift (something special you have within you), courage, believe, faith, smart

Book - Young Masters: Heart Of A Lion (Ages 4-8)

Read book, listen to audio story, or view and listen to story on computer. Multimedia files on the book's CD includes the books with page turns and audio. CD also includes audio story read by Storyteller: Saphinne

Music – Roar Like A Lion, The Heart Is Very Smart

Children can roar when the lion roars or sing-a-long with *The Heart Is Very Smart* - You may use music in the background when children are working on arts projects.

Today's Secret Of The Heart: COURAGE

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Begin lesson with the Young Masters Pledge

[Children make a peace sign then place it over their hearts, begin by having them repeat short phrases after you until they learn it.]

***I promise - to use my gifts - every day - in every way
for I am a Young Master! PEACE***

Story Review: Phylos is afraid to cross the river because he might fall in, but he learns from Butaan and Eetha that if he believed in himself he would have the courage to try.

Discussion: Today we're talking about the gift of courage and how we use that gift. Explain to the students that the river represents FEAR in this story. Phylos was scared and felt he couldn't cross the river. He was afraid to face his fear of the river. Phylos learned the *secret of his heart* - COURAGE came from *BELIEVING IN HIMSELF*. Instead of saying "I CAN'T", Phylos learned to say, "I CAN."

- What did Phylos have to believe he could do? He believed he could try. Once you didn't know how to walk or talk, but you learned because you tried and you believed you could. Things you may be afraid of today, you will do tomorrow because you believe you can and you try - and in trying you realize you can...swim, or read, or spell, or sing, or do a somersault, ride a bike, or stand before the class and speak.
- What do you believe you can do?
- What do you believe about yourself and your school or your friends?
- What do you believe about the world you live in?

ACTIVITIES

1. Facing Your Fears – [You may use worksheet a), prior to this activity to start the discussion] Have a roll up carpet that represents the WATER. Phyllos was scared of crossing the water. Imagine the (water) carpet represents FEAR. Ask children to share something they are afraid of. Write affirmations on the rocks (made out of paper, see attached). As they cross the water, they will say the affirmations ie: *I believe in myself. I can do it. I have a positive attitude. I am brave. I can ask for and receive Help.* These rocks represent stepping stones that help build courage and a positive attitude. For older children the affirmations may address their fear more specifically.

Materials :

Small carpet - blue if possible. (A local carpet store may offer you a remnant for your children's program.) Cut rocks from paper template on page 9. If a carpet is not available you may use two long strips of blue painters tape to tape off a section of the floor. Paper, scissors, markers or crayons.

ARTS/CRAFTS PROJECTS

1. COURAGE ROCKS!

Each child creates a COURAGE ROCK to keep as a touchstone or reminder. They can paint it in their favorite color, write the word "COURAGE", "I AM BRAVE" or draw symbols that represent COURAGE. They can carry this in their pocket or put it by their bed at home to remind them of their courage.

Materials : Small smooth stones, paint, and brushes or markers

2. Create a Power Badge

Your Heart fills up with COURAGE, when you BELIEVE In YOURSELF

Create a badge in the shape of a heart, star, circle or triangle. Tell the children the color they will fill their badge with represents the courage they are filling their hearts with. When the badge is filled with color, they will be FULL OF COURAGE. Then cut them out and wear them. Say these Put-Ups/Affirmations out loud:

I AM FILLED WITH COURAGE!
I HAVE COURAGE!
I HAVE FAITH!
I BELIEVE IN MYSELF!

I AM BRAVE!
I AM HEART SMART!
I CAN DO IT!

Materials :

White card stock or heavy light colored construction paper, markers or crayons

All Power Badges on page 10 and 11.



3. Certificates or Paper Ribbons

Create a declaration of who you are. The children can wear them or paste them under a picture of themselves.

A certificate template with a central rectangular box containing three horizontal lines for writing. The box is flanked by two large, pointed triangular shapes, one on the left and one on the right, resembling a ribbon or a banner. The text 'I am' is on the left, 'the brilliant because' is in the center, and '(Write here what makes you great!)' is on the right.

I am _____

the brilliant because

(Write here what makes you great!)

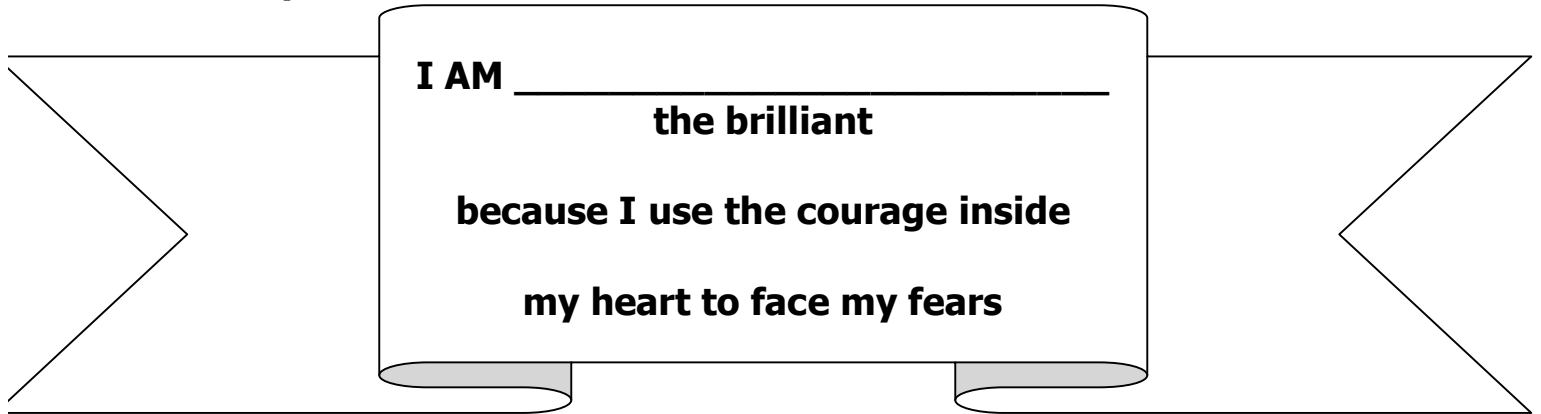
A certificate template with a central rectangular box containing three horizontal lines for writing. The box is flanked by two large, pointed triangular shapes, one on the left and one on the right, resembling a ribbon or a banner. The text 'I AM' is on the left, 'the great because' is in the center, and '(Write here what makes you great!)' is on the right.

I AM _____

the great because

(Write here what makes you great!)

Sample:



Materials : White paper or heavy light colored construction paper, markers or crayons. Use card stock as a certificate or cut a paper ribbon and write across it.

WORKSHEETS

a) What Are You Afraid Of? - Learning how to create affirmations. This worksheet can precede the opening activity FACING YOUR FEARS

On the board or a piece of paper: Write your FEAR(S). These will represent the water. Now write your affirmations for each fear. Your affirmations will be the ROCKS that can help you cross the river.

If you were afraid of a bully or afraid to stand up and speak in class, what would your affirmation rocks say? Name or write your fear in the water, then discuss or write your affirmation for the fear you have named.

TOPICS/FEAR

BULLIES - I AM AFRAID OF BULLIES.

AFFIRMATIONS

I can say stop, say "leave me alone," and walk away.

I can stand up for myself and others.

I can ask for help.

I can find my support team.

TOPICS/FEAR

Talking before the class - I'M AFRAID OF TALKING IN FRONT OF MY CLASSMATES

AFFIRMATIONS

I believe I have something important to say.

I can speak easily.

I am not afraid to talk in front of others

I love to share what I have to say.

b) I Have Positive People in My Life

Who were the two people that encouraged Phylos when he was afraid?
Butaan and EETHa.

Who in your life encourages you and helps to support you when you are afraid? Have the children create a list of ten people...remember, they can be older than you or younger than they are. Remind the students these are the people who can help you when you ask for help. The positive people in your life act like your support team. If any one tries to bully you you can ask for support from your support team.

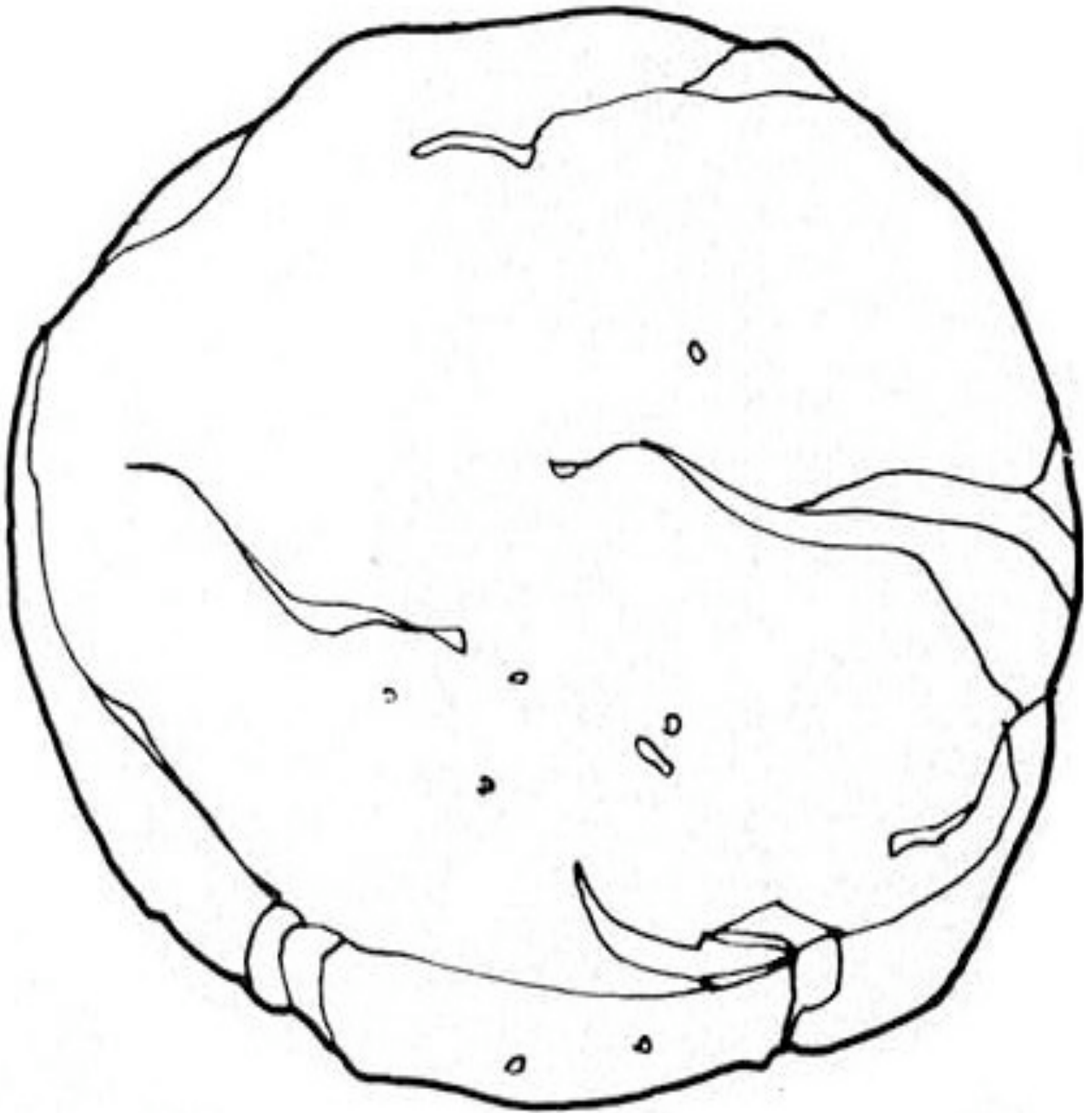
c) I Try New Things How many things have would you like to do that you've never done? Create a list of new things would like to try. Discuss: Are you afraid of these things? Why or why not? What affirmations could you use?

CREATIVE WRITING/STORYTELLING

a) Tell or write your own Story about something new you'd like to do in your life, like ride a bike, learn to swim, or play a musical instrument. Draw it in a detailed picture.

b) Tell a story about someone you know who was brave, perhaps there is an animal that is brave or perhaps the brave person is you. How do they show their bravery. Does it matter if they're big or small?

Finish each workshop by repeating the Young Masters Pledge and singing: THANK YOU FOR BEING HERE in English or Swahili.



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YOUNG MASTERS: POWER BADGES

Color and Cut

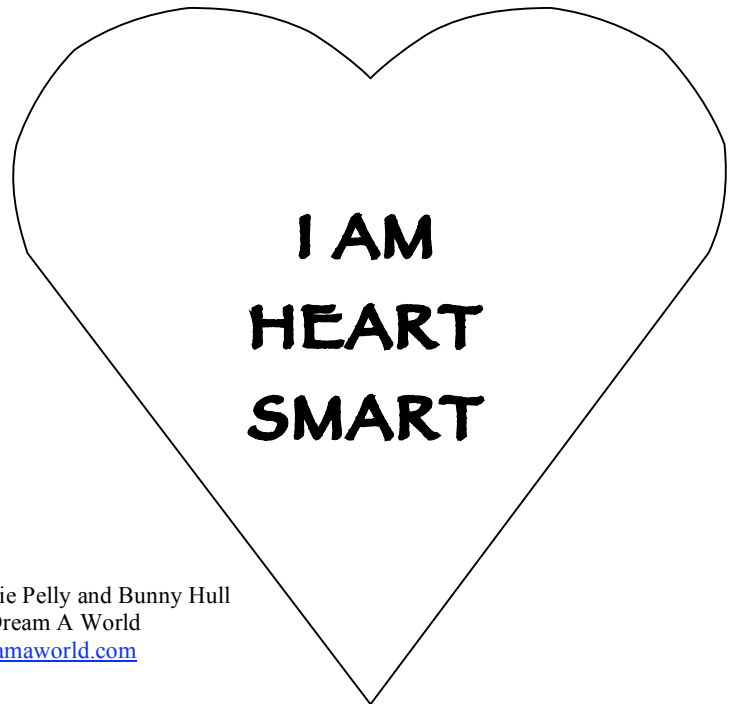
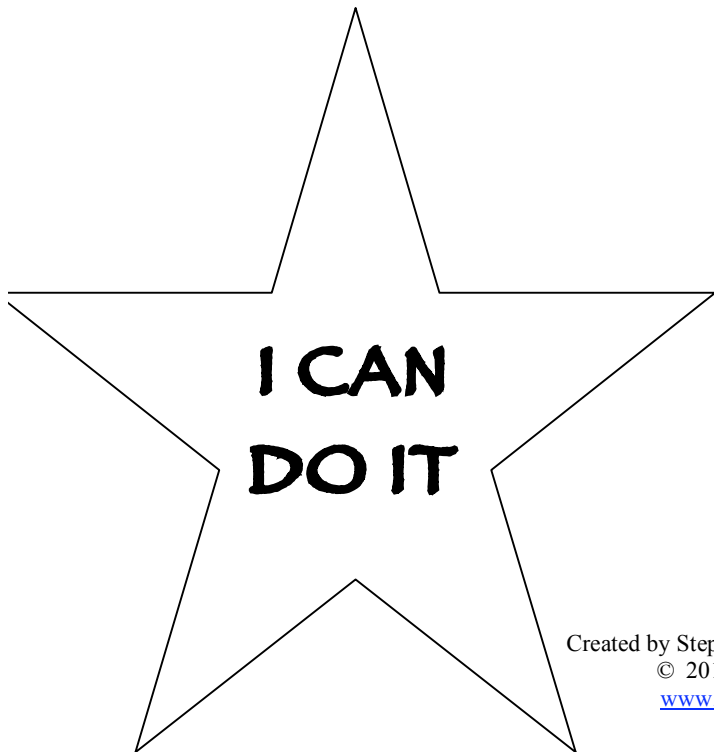


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YOUNG MASTERS:

POWER BADGES

Color and Cut



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From Young Masters: "Heart Of A Lion" by Bunny Hull & Kye Fleming



I'm perfect just the way I am. I have the heart of a lion!

Positive tools for children building a better world!

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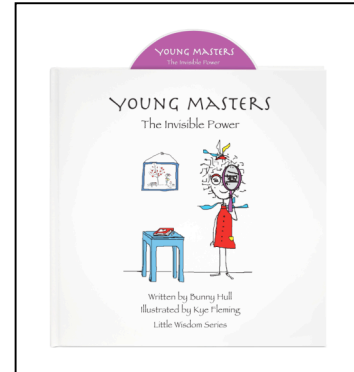
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YOUNG MASTERS:

The Invisible Power

Teacher Introduction

Thank you for facilitating a wonderful learning experience for your students. The **YOUNG MASTERS LITTLE WISDOM** book series and curriculum has been designed to empower children and teach a variety of *life skills*. You may choose activities; projects and worksheets from this curriculum that you feel are most age appropriate for your group.



Objective: In today's lesson, the children will learn all about **CREATIVITY** - what it is and how they can use it to turn thoughts into things.

Affirmation of the day: I can create anything I can think of.

Vocabulary words: gift (a special something you have within you that you can share with others) creativity, power, idea, thoughts, seed, invent

Book - Young Masters: The Invisible Power (Ages 4-8)

Read book, listen to audio story, or view and listen to story on computer. Multimedia files on the book's CD includes the books with page turns and audio. CD also includes audio story read by Storyteller: Saphinne

Music – My Invisible Power - Listen to the song while everyone is standing in a circle. Play MAGIC BALL. One person starts off with an Imaginary Magic Ball and throws it to a friend. The ball can be big, small, heavy or even make a sound. It's all up to your imagination. Throw it to someone in the circle and call out their name. Tell them each time they catch it their invisible power gets stronger.

Today's Secret Of The Heart: Creativity

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Begin lesson with the Young Masters Pledge

[Children make a peace sign then place it over their hearts, begin by having them repeat short phrases after you until they learn it.]

***I promise - to use my gifts - every day - in every way
for I am a Young Master! PEACE***

Story Review:

In the Invisible Power Butaan, Phylos and EEtha discover a boat in the water. They are new to Earth and so they've never seen a real boat, but they *have* seen that people of Earth have many beautiful things because they have a special power by which they turn thoughts into things.

Discussion:

- Today we're talking about a very special gift and how we can use it. What is the special power that people of Earth have that lets them turn thoughts into things?
- How do they use their power?
- Where do your ideas come from?
- What happens after you have an idea? The magic of the Universe happens. Thoughts become things. Just like a seed is nurtured and becomes a plant or flower, your thoughts become things when you nurture them by doing what you have to do.
- What are some of the things people of Earth have created? Look around the room...everything was first an idea. Does everyone have the power to create? What would you like to create?
- Does everyone have the power to create?
- What would you like to create?

ACTIVITIES

1. Whatchamacallit, A Group Creation - This activity can be done in a large group or several smaller groups. The goal is to help children cooperate and work together to open up their CREATIVITY. Gather a collage of materials, (pipe cleaners, stickers, craft popsicle sticks, pom poms, paper, blocks, etc.) Perhaps have a cardboard platform that this will set on. Allow each child to pick something they would like to add on to the group project. Once the idea is complete, ask the children to name it and describe what it is and what it does. Make a list of the creative names and ideas the children come up with. Vote on the best name and description.

2. Thingamabobs & Thingamajigs – Gather a variety of items from around the house or classroom for which children can act out new functions. Place the items in the center of the circle so the children can look at them. Then one at a time go around the circle and ask the child to pick an item and act out what it can do, other than it's normal function. For example, instead of using a string mop to clean the floors a child could use it to be a GIANT scrub brush for a big monster. They could use a parking cone as a rain-proof hat or use a hula hoop as a big steering wheel. As the teacher, demonstrate a few ideas first and then encourage the children to be creative. (Do your best to gather items that will open up the children's imagination & creativity)

3. What's The BIG IDEA - Turning Thoughts Into Things – We can grow whatever we want to grow as long as we plant the right seed and then take care of what we plant. Discuss what kind of seed you have to plant to grow what *you* want to grow. Ex: To grow an apple tree, you'd plant an apple seed. To grow a pumpkin, you'd plant a pumpkin seed...and so on.

Phylos learned that everything was first an idea in someone's mind. When you have an idea it's just like planting a seed in your mind. Somehow that seed has everything it needs to turn into something. It's all comes from inside that seed.

- What kind of seeds are you planting? What's your BIG IDEA, the dream you want to come true? What kinds of thoughts do you need to nurture your idea?

- Each child will have a box with a small slit cut at the top. On the front near the top they will write "THE MAGNIFICENT MIND of ____ (their name) ____". On the other side they will write - MY BIG IDEA and what that is for them. It can be an idea to be somebody, to create something, to do something or to go somewhere. They may decorate their box with drawings or pictures about their dream.

Each day they will write an idea that supports their dream on a small slip of paper and insert it into the box.

Examples:

a) If your big idea was that you wanted to grow up to be someone who could read big books, what kind of ideas would you have to plant? Maybe one would be to learn the alphabet and the next to spell. Maybe you'd write the name of some books you'd like to read.

b) What if you wanted to grow up to be someone who helped people get better - like a doctor, a nurse, or a veterinarian - what kind ideas would you plant in your mind? Maybe you'd put some names of who you'd like to take care of, what you would learn to do or where you could go to school.

When they have a collection of ideas or thoughts, each student can share them with the class.

4. Thinking Outside The Box – This improv is fun! Ask the children to pick one of the boxes displayed at the front of the room. What can they create out of a box? If it's big enough, they can get in it, stand outside it or hold it etc. The size of the box is up to them. Does the box have a name? Is there something inside it? Does it do something special? They must tell the class what the box is and what it does. The goal of this activity is to open up creativity. Children can also work in pairs or small groups.

Materials: 1. The Invisible Power CD, a collage of craft materials 2. A variety of household or classroom items 3. A box, a box cutter to help them cut the slit,

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markers, crayons, paste, pictures cut from magazines, paper cut into slips or index cards. 4. Boxes of all sizes.

ARTS/CRAFTS PROJECTS

- 1. Who Created That?** Everything that exists was created by someone. Look through some old magazines and find a picture of something that someone created. Cut the picture out and paste it on a piece of cardstock. Write down the name of that thing. Take it home with you and find out who created it. Choose a day when the students will report to the class what they chose and who invented it. They can look in a library or ask a parent or teacher to help them look on Google by typing in "who created the _____." Example: chair, light bulb, saddle, shovel
- 2. Characters Welcome!** - Create your own cartoon character. Draw it, name it, and tell us about it. Who is it? Where does it live? What does it like to do?

Materials: You can use whatever materials inspire new ideas along. Magazines, paste, pen, marker, pencil or computer

WORKSHEETS

1. Bright Ideas – Are Growing Inside Of Me - You are a famous inventor. On pages 7 or 8 of this unit draw a picture of, or write down, your bright idea. What is something you would like to invent that would help you or help others? It could be a new kind of food, a new exercise, a new car, a new game, or something that would help your classroom. What would it look like, what would it do, how would it work, or how would it help someone? Tell the class about it and ask them if they have any ideas that could make it better.

CREATIVE WRITING/DRAWING

1. My Favorite Words - Make a list of five of your favorite words. For example they may be: fun, exciting, peace, love and sunshine. Write a story that is about your favorite words or draw a picture that shows what your favorite words would look like as a piece of art.

2. Can I Have A Peace? What can you do to create peace? What thoughts to you have to think? What words do you have to say? What can you do? If you could build a Peace Learning Center - describe what it would look like. Draw a picture of it. What would it be called? What colors would you paint it? Who would you invite to be there? What would children do there? What would be created there? What would you play with? What would you tell people about it?

Finish each workshop by repeating the Young Masters Pledge and singing: THANK YOU FOR BEING HERE in English or Swahili.

Bright Ideas Are Growing Inside Of Me



Bright Ideas Are Growing Inside Of Me



My bright idea is

Handwriting practice lines consisting of three sets of horizontal lines. Each set includes a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.

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I can create anything I can think of.

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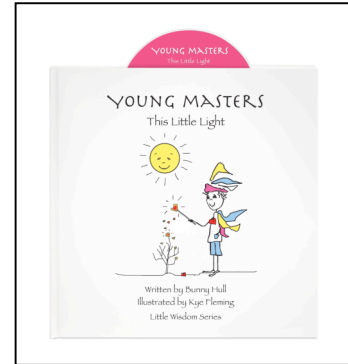
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YOUNG MASTERS:

This Little Light

Teacher Introduction

Thank you for facilitating a wonderful learning experience for your students. The **YOUNG MASTERS LITTLE WISDOM** book series and curriculum has been designed to empower children and teach a variety of *life skills*. You may choose activities; projects and worksheets from this curriculum that you feel are most age appropriate for your group.



Objective: In today's lesson, the children will learn all about **LOVE** - what it is, how it makes you feel, and what you can do with it.

Affirmation of the day: My love makes the world beautiful.

Vocabulary words: gift (a special something you have within you that you can share with others) love, fireflies, different, planet, shine

Book - Young Masters: This Little Light (Ages 4-8)

Read book, listen to CD audio story read by storyteller - Saphinne

Music – I Love Everybody in My Heart, Love Goes Around a Circle

Play songs on CD and pass a stuffed heart shaped pillow around, like a hot potato. When the music stops say one thing you love about the person who is holding the heart. If the class is small, use the pillow as a talking stick and ask the children to pass the pillow and each share something they love.

Today's Secret Of The Heart: Love

Begin lesson with the Young Masters Pledge

[Children make a peace sign then place it over their hearts, begin by having them repeat short phrases after you until they learn it.]

***I promise - to use my gifts - every day - in every way
for I am a Young Master! PEACE***

Story Review: In This Little Light, Butaan, Phylos, and EEtha see fireflies for the very first time and wonder if everyone on Earth is born with a light that shines.

Phylos discovered that LOVE is the light inside your heart that you can share. Butaan, EEtha and Phlyos discussed the many ways someone can open their heart and share love with people, the earth and things around them.

Discussion:

- Today we're talking about the gift of love and how we can use this gift.
- What is love?
- Who are people in your life that you love?
- How do you let people know you love them?
- How does love make you feel?
- How do you show love to the earth and the things around you?
- Is it okay for people to love different things, like music or sports or reading?
- What are some of the things that you love or love to do?

ACTIVITIES

1. Heartprints – What can you do to touch someone's heart with love? On a paper heart (see page 5 of this unit) create a "Heartprint" by making two thumb prints on the heart. Children will need a non-toxic inkpad to do this. Remind the children there's no one in the whole world like them. That's why they have their own fingerprint. On the back of the heart, write something you can do for someone to let them know you love them. No one loves like you do.

2. I Love The Earth - Create a classroom project to show how you love the Earth. You can clean up your playground, start a classroom recycling program, create a peace garden or go on a nature walk. You can blow "love" bubbles to everything you like and appreciate about the earth. You can blow bubbles to the trees, grass, flower, sky, etc.

3. A Drop Of Love - Love Begins With Me and Shines Outward in My Life

Explain to the children how when they express love it extends out into the world around them. Think about how a small pebble tossed into a pond has a ripple effect. Just one drop of love shown to someone can make the world a better place. Sit the children in a circle. Put a bowl filled with water in the center. Tell them that the bowl represents the world. Have each child put one small drop of love/food coloring in the bowl. As they put the drop in they will say the name of someone or something they love. Talk about how the color begins to spread out into the world. If each one of them shares love it will ripple out into the world. The person or thing they touch with love will in turn spread the love to someone else and so on. So when they touch someone with love they change the world. They color the whole world with love.

Materials:

1. This Little Light CD, non-toxic ink pad 2. bubbles, trash bags and gloves 3. Clear bowl, ie: a goldfish bowl, water, food coloring in small droppers

ARTS/CRAFTS PROJECTS

1. The Magic Garden – Create a beautiful picture of The Magic Garden. What does it look like to you? Are there animals, trees, flowers, insects or people in your garden? Do flowers dance or animals talk or sing? Be as creative as you want. You can draw pictures, cut and paste photos of the earth on your paper or use pictures from magazines.

2. Clay Heartprints – Children can create heartprints out of clay. Use a heart shaped cookie cutter to cut out a heart and then let each child makes a heart print in the clay by placing his right and left thumbprint inside the heart. Use

a toothpick to write something you can do to show your love to someone. (ie: kindness, sharing, helping) You can again remind them that they have their very own fingerprint that no one else in the whole world has. They are unique. You may put a little hole in the top and add a string to make an ornament out of this heart. You can paint or decorate it. Children may give these to each other, their parents or someone they love.

3. This Little Light Coloring – Coloring page attached.

Materials: crayons, markers, magazines, photos, clay and heart shaped cookie cutter

WORKSHEETS

Love Begins With Me - This is a good partner to the “A Drop Of Love” activity. Use the attached “Love Begins With Me” worksheet and add the names of people, place and things your love touches to make the world a better place.

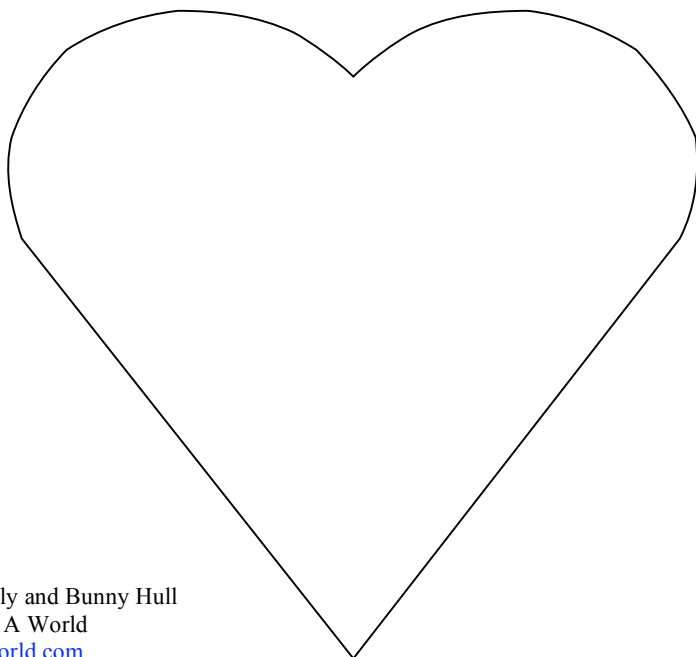
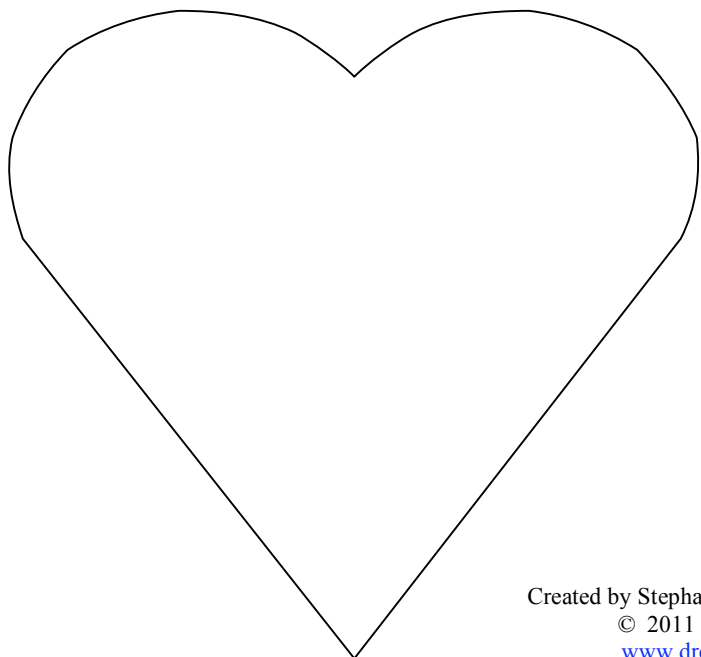
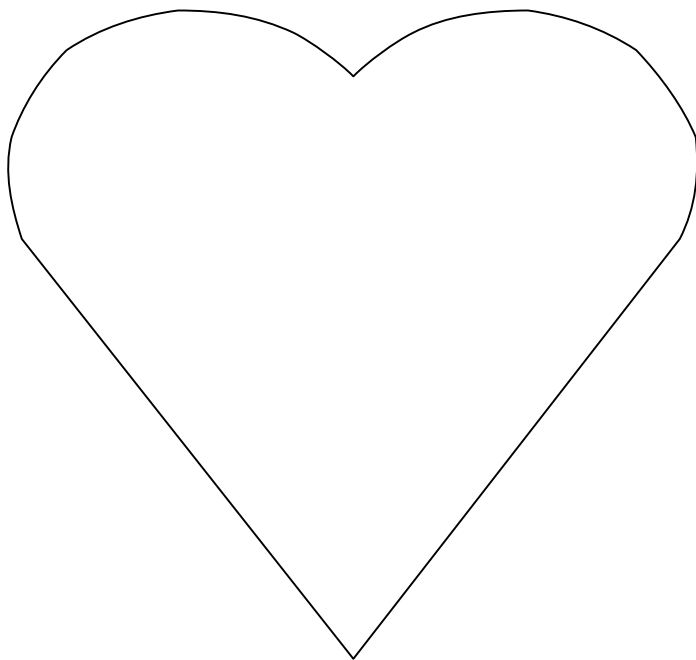
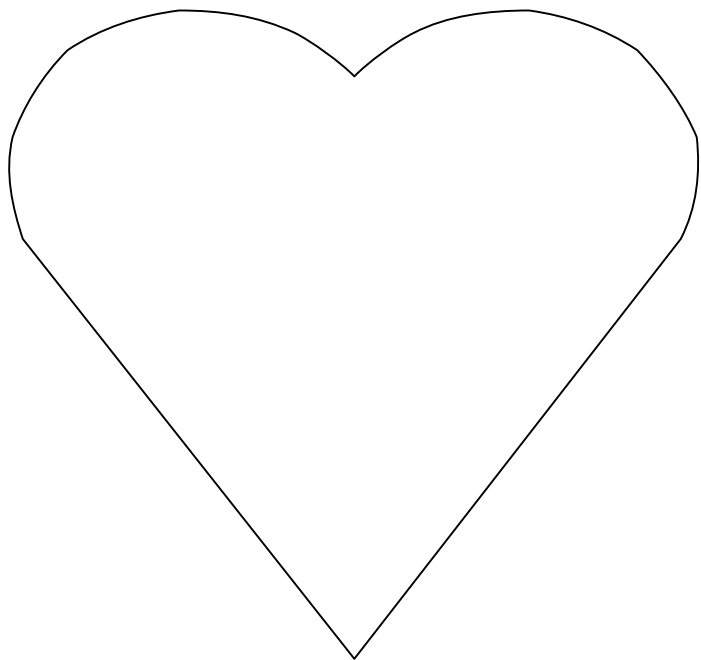
CREATIVE WRITING/DRAWING

A LOVE STORY - Create “A LOVE STORY” about something you love. The story can be about your family, a pet or the earth. It could be about two people or two toys. The story can even be about you! “When you love yourself you have even more love to give.” Draw a picture that tells the story.

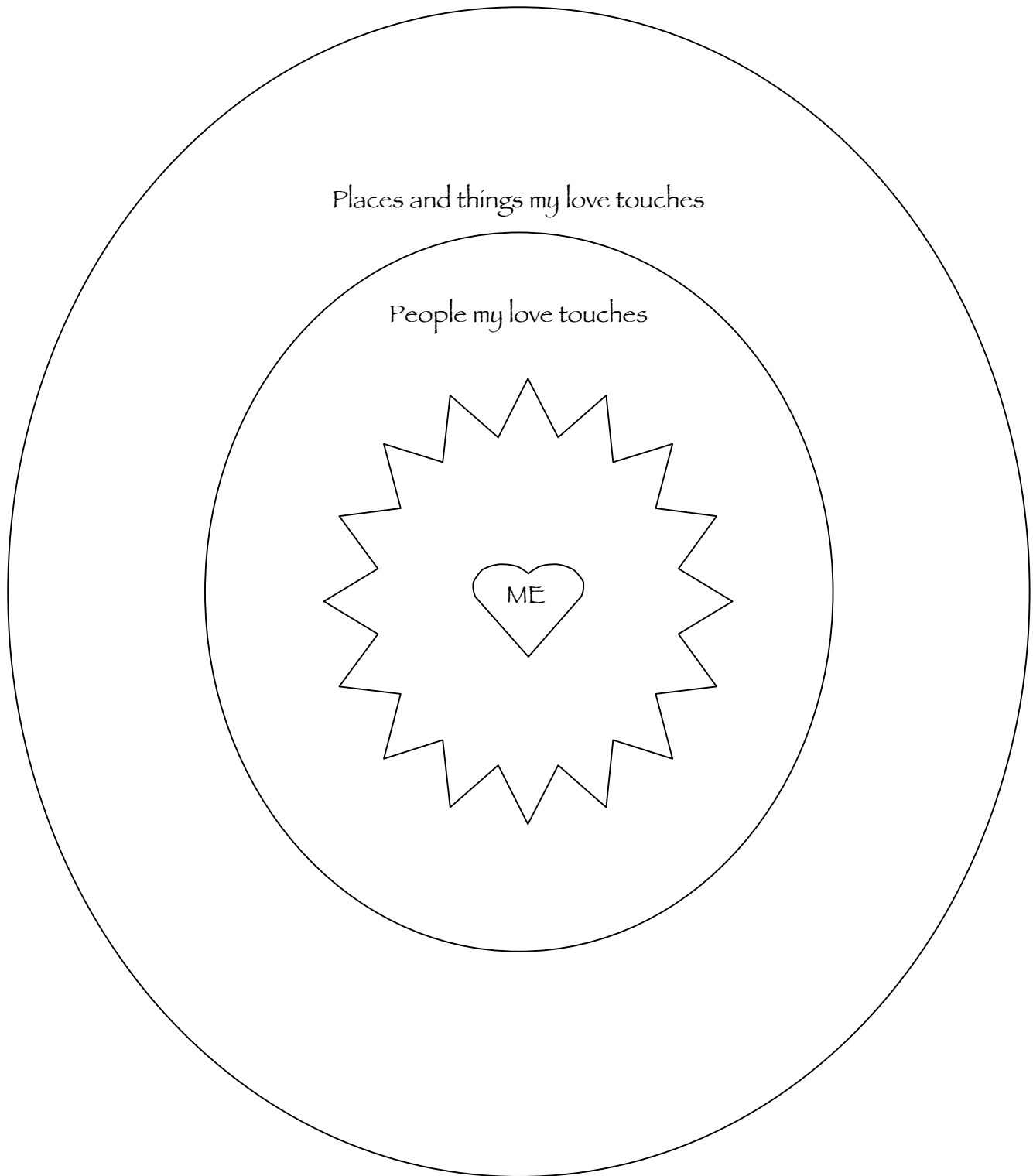
Finish each workshop by repeating the Young Masters Pledge and singing: THANK YOU FOR BEING HERE in English or Swahili.

HEARTPRINTS

Color and add your thumb print on one side.
On the back, write what you can do to show love to someone.

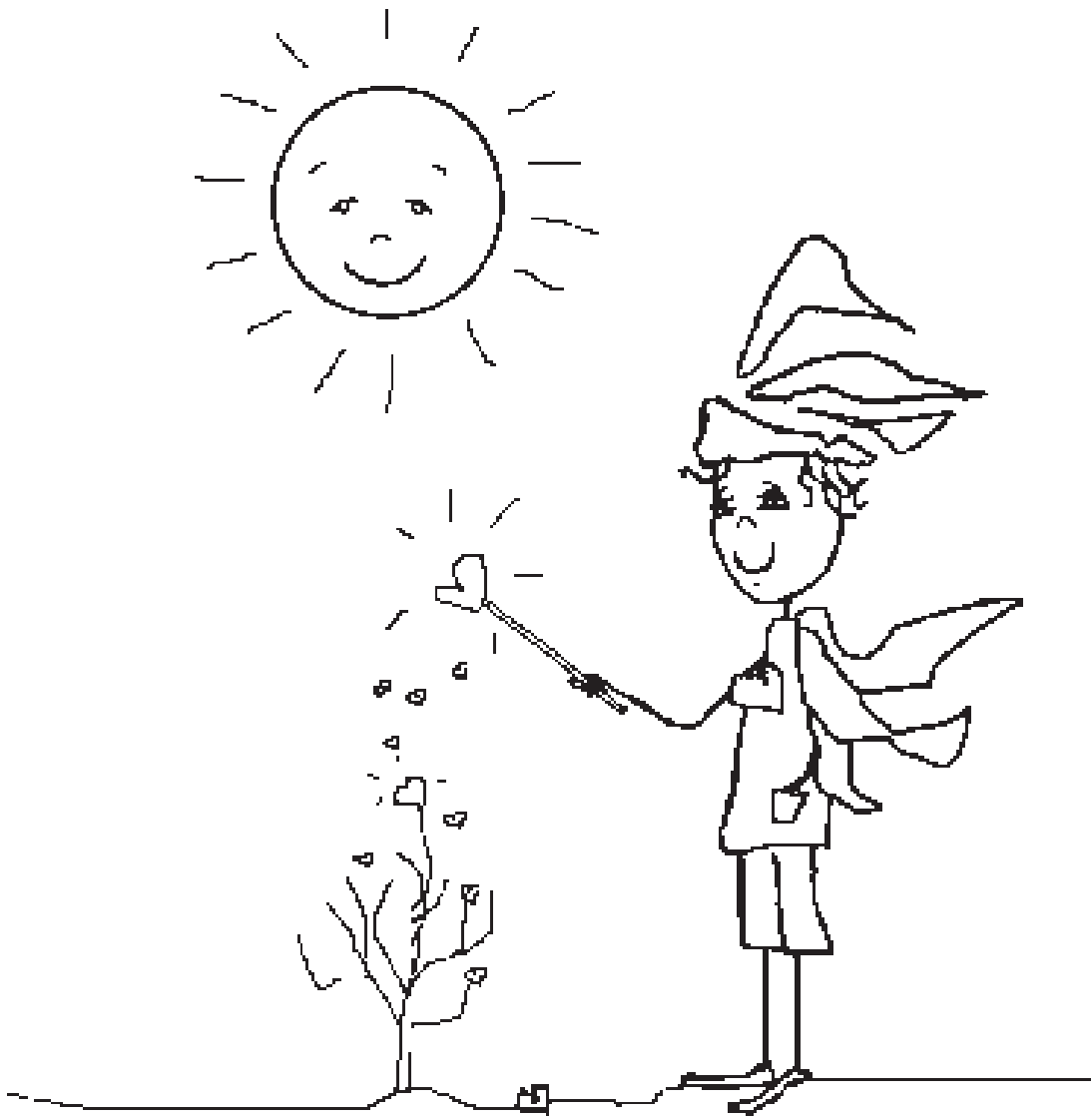


Love Begins With Me and Shines Outward In My Life



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My love makes the world beautiful.

Positive tools for children building a better world!

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MAKE A YOUNG MASTERS HEADDRESS

MATERIALS: Safety scissors, a roll of corrugated display board or craft foam cut to at least 21 inches wide. (Cut foam to about 2" x 21") Choose some bright colors. Self adhesive Velcro squares or a roll of Velcro (self adhesive hook and loop tape), one bottle cap for each headdress, one small picture of the child to place inside, small double stick squares (to attach bottle cap to headband). Hat plumes – from one 8.5 x 11 foam sheet, your color choice to cut each sheet into five strips. 8.5 long pieces. You'll use three per headdress. Mix and match colors. Self stick letters for child's initials. **Optional decorations:** self stick foamies in different shapes, small seashells, seeds, small sticks or things from nature, or *pictures of things for which you are thankful!*

We suggest you precut all materials, craft foam, or corrugated paper. Depending on the age of the children.

Day One

- Hand out precut head band and have children write their names on one side of the band.
- Lay the headband flat on a table in front of you with your name side up.
- Separate the 1 inch square of Velcro, peel away the paper and stick it one inch away from the left side of the headband
- Flip the headband over and place the other side one inch from the right.
- Pick three plume colors you love from the foam sheets you have cut. Now use your scissors to cut designs at the top, make them pointed by cutting a straight line at an angle, or cut a wavy line or a jagged line.
- Place your headband flat on the table so the inside is facing you. Now find the middle of your headband by folding it in half and then glue your first plume in the middle, then to the inside of your headband, on the same side as your name is written. Put about a "dime" sized circle of glue to hold it well. Then glue on your other plumes on either side about an inch or so from your center plume. *You must let your headband dry overnight and continue your next available day.*

Day Two

- Place your headband on the table so your name is facing down.
- Take a small double stick square and peel the paper off of one side, place in on the center of the outside of a bottle cap, the opposite of the deep side that goes on the bottle.
- Then peel the paper off the other side and stick it on the center of your band underneath your middle plume.
- Add your initials, the first letter of your first name and the last letter of your last name, on either side of your bottle cap. Or you can write them if you don't have stickies.
- Decorate your headdress with anything you'd like. Let it dry overnight.

Wear your special headdress for events, performances, reading or thinking time.

Secrets of the Heart Young Masters Headdresses



Visual Arts K-2

A review of hats and headdress from cultures around the world lead students to create their own headdress.

Children learn shape, line, color, design features and decorate their headdress with objects and pictures that are meaningful to them and illustrate something for which they are thankful.

Children explore how they feel when they wear their creations.

Hats may be worn in class during reading time or special activities.

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Saphinne wants to know if you
can trace these words and write the

Secrets of the Heart

Trace these words, then write them

I am somebody

friendship

smile

kindness

imagination

being

thankful

courage

creativity

love

Trace these affirmations,
then write them.

I am perfect
just the way I am.

Handwriting practice lines consisting of four sets of three horizontal lines (top solid, middle dashed, bottom solid) for tracing and writing practice.

My love makes the world
beautiful.

Handwriting practice lines consisting of two sets of three horizontal lines (top solid, middle dashed, bottom solid) for tracing or writing practice.

I love to use my
imagination.

I am creative.

I am a good friend.

I am a good student.

Young Masters Little Wisdom

Book Series & Curriculum

Teacher Tips:

- 1) This curriculum can be shared in a variety of ways that work best for you and your students. You may wish to share a **Book of The Week** or **Book of The Month**.
- 2) It would be great to highlight the **Secret of The Heart** somewhere in your classroom. You can have a poster that says, The **Secret of the Heart** for this week is *GRATITUDE!*
- 3) **Circle Up** - When you can, sit in a circle with the class and read the stories or share today's lesson. A circle creates the space where all the children can look at each other and feel like they are part of the group working together.
- 4) **Utilize Parent Volunteers** with the special arts & crafts projects. It will involve parents with these important themes and encourage them to talk with their children about it.
- 5) **Be Creative** and share *your wisdom*. You may have new ideas to add to the curriculum. Go for it and drop **Dream A World** an email sharing your ideas with a direct message to bunny@dreamaworld.com
- 6) **Dream a World Loves Photos of Kids**. If you have special pictures or videos of your students with the books and/or, singing the music or working on the curriculum, please add them to our facebook page. Just be sure you have parents sign a permission slip.
- 7) **Create an Art Gallery or Writing Wall** of the work children create from the curriculum. Showcase their work to show how much you care. Your leadership will inspire others.
- 8) **Celebrate BEING a YOUNG MASTER with the children, for it's no secret we celebrate YOU as being MASTER TEACHERS!**
- 9) **YOUNG MASTER OF THE WEEK!** Choose one student each week and let them share their wisdom!
- 10) **Dream A World Honors Teachers** We want to honor your work. A teacher will be highlighted each month on the website and in our newsletter. Please let us know who you are and what you're doing. Send us your picture and pictures of your class (with parent permission) and where you teach. Tell us about the work you're doing with our books and music.
- 11) **Young Master Headdresses** Wear your headdresses as a group for performance, special events or to honor thinking or reading time.

www.dreamaworld.com or
find **Dream A World** on Facebook

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YOUNG MASTERS Little Wisdom Discovery Program

Explore - Secrets of the Heart

Dear Parents,

Your child is participating in the Young Masters Little Wisdom Discovery program, which was designed for Montessori and is currently available at your child's school. Each segment of this *character education* curriculum is based on the Young Masters Little Wisdom books written by award-winning author and Grammy® winner, Bunny Hull, founder of **DREAM A WORLD®**. Each book introduces a child to a **Secret Of The Heart** - *friendship, imagination, gratitude, courage, creativity and love*. Each of these are explored using stories, songs and interactive curriculum that inspire your children as they learn important values, social awareness, life skills and develop the ability to problem solve and make intelligent choices.

You may wish to add the YOUNG MASTERS Little Wisdom book series to your child's home library. I invite you to visit the Dream A World website, www.dreamaworld.com and learn more. We're pleased to offer you a 10% off code LWDISCOVERY if you decide to purchase any of the books for your home. You may type this code in as you complete your purchase.

I look forward to working with your child.

Sincerely,

, Program Facilitator

Parent Tips:

- 1) Ask your child questions about the Secret of the Heart they learned and encourage them to share what they learned about that secret. Ask them to tell you the affirmation of the day, or about their activities. Let us know how your child is benefiting from the program.
- 2) *Repetition is the mother of invention*. The books are available for purchase to read at home just before bed or during your special reading hour. Each book also includes a CD with music and an audio story narrated by storyteller, Saphinne. Some of the books have multi media files for computer use.
- 3) Learn to sign & spell the "secrets" by watching the online videos together at www.dreamaworld.com/kids **Be creative** and share *your* wisdom about a *secret of the heart* with your child.
- 4) **Dream a World loves photos of kids**. If you have special pictures of your "Young Masters" at home with the books, please add them to the Dream A World facebook page where you can learn one *secret of the heart* and affirmation to share with your child every day.

Additional songs available from Dream A World®

These songs additionally support the themes from the Young Masters Little Wisdom Curriculum and are available for download at iTunes and CD Baby or on CD and with activity books from www.dreamaworld.com

Friendship

A Smile Is A Smile – from *Peace In Our Land*

A Friend – From *Secrets Of The Heart*

Little Acts Of Kindness – From *Secrets Of The Heart*

Gratitude

I Am Blessed - From *Secrets Of The Heart*

Courage

I Believe In Myself – from *Peace In Our Land*

When You Believe – from *Secrets Of The Heart*

Heart Of A Lion - from *Secrets Of The Heart*

Creativity and Imagination

Dream A World – from *Dream A World*

Master Of My Dreams - from *Dream A World*

Circle Of Creativity - from *Dream A World*

The Mind Is A Funny Thing - from *Dream A World*

That's The Way It Works- from *Dream A World*

Train Of Thought – from *Creative World*

Follow Your Heart (contains Spanish and English) from *Dream A World*

Love

Love Comes In Every Color – from *Peace In Our Land*

Pass It On - from *Dream A World*

Circle Of Love – from *Secrets Of The Heart*

House Of The 3rd Pig – from *A Child's Spirit*

Love Mobile – from *Creative World*

I Am Somebody – **Individuality** - from *Dream A World*

I Am Free To Be Me – **Individuality** - from *Dream A World*

Be Who You Are – **Individuality** – from *Creative World*

Peace In Our Land – **Peace and Diversity** - from *Peace In Our Land*

One Big Family – **Diversity** – from *Creative World*

A World Of Difference – **Diversity** – from *Peace In Our Land*

Family – **Connection** - from *Peace In Our Land*

Beautiful Day – **Joy** – from *Secrets Of The Heart*

Joy - **Joy** – from *Secrets Of The Heart*

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New from the Parents' Choice Award-winning YOUNG MASTERS Little Wisdom Series

Somewhere over the sky and under the moon, Butaan, Phyllos and Eetha set foot on Earth for the very first time to learn about the powerful gifts born to the people of Earth – *the secrets of the heart*.

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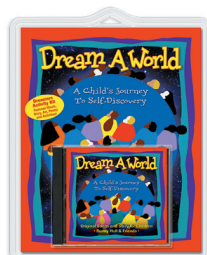
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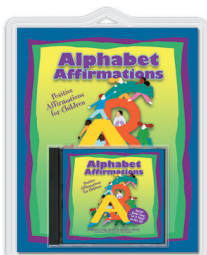
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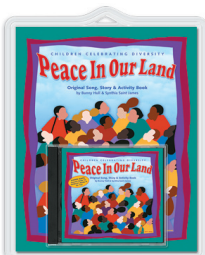
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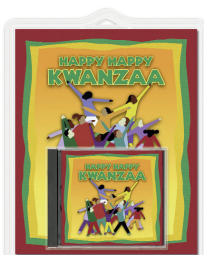
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